



NEWSLETTER

PHILIPPINE SOCIETY FOR REPRODUCTIVE MEDICINE, INC

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MESSAGE FROM THE PRESIDENT

Welcome to the 2018 PSRM Midyear Convention, entitled, Recurrent Pregnancy Loss: The Essentials. Through the years, it has been the mission of PSRM to provide relevant information on various topics with regards to reproductive medicine. Each year, PSRM holds a one-day midyear convention, dedicated to a single topic in focus. This year, we have chosen to highlight the recent discoveries about the pathophysiology and management of recurrent pregnancy loss.

In our practice today, more and more women are presenting with recurrent pregnancy loss. However, there is much debate about the cause and association, as the exact pathophysiological mechanisms have not been elucidated. The field of recurrent miscar-

MESSAGE FROM THE VICE PRESIDENT

The Philippine Society for Reproductive Medicine will hold its Midyear Convention on May 11, 2018 entitled Recurrent Pregnancy Loss: The Essentials. The event, which will be held at Edsa Shangri-la Hotel, will hopefully equip reproductive medicine clinicians, obstetrician-gynecologists, prenatal care providers, nurses, researchers, counsellors and other allied health providers evidence-based knowledge on how to deal with this baffling condition that affects couples. It is essentially a form of infertility as these couples remain wanting for children.

During the event, lecturers will tackle different issues starting with the definition, pathogenesis, evaluation, up to management of the different causes of RPL. In addition to the prestigious local speakers, two renowned speakers, Prof. Jacques Donnez and Prof. Olivier Donnez, will share their expertise on the subject.

This midyear convention is a great opportunity for the participants to learn about recurrent pregnancy loss and get great tips on how to manage it.

Gladys G. Tanangonan, MD
Vice President



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riage treatment remains controversial -- the jury is still out on some possible miscarriage causes and many common treatments have not been proven to be effective. Thus, there is a need for us to strengthen our foundation of our knowledge of RPL.

Although known causes of RPL are most likely attributed to endocrine, immunologic, anatomic and genetic causes, oftentimes, they are idiopathic. And this lack of a proper explanation as to why a woman would miscarry, adds to the woman's anxiety and disappointment, and to the clinician's frustration, as well. RPL can be very devastating to the affected woman. This makes it difficult and intimidating for the healthcare provider to offer reliable treatment options and deal with the emotional, psychological, social and financial impact of this condition on the patient at the same time.

Thus, for this PSRM Midyear Convention, our aim is to elucidate on the latest findings on RPL and to offer a practical and evidence-based approach to the management of this condition. For this very important event, we have gathered esteemed experts to share their knowledge and experience on various aspects of RPL, in order to help us provide the best possible individualized care for our patients.

This Midyear Convention would not have been possible without the valuable guidance of our Scientific Committee, headed by Dr. Madonna Domingo, co-chaired by Dr. Tonette Habana, with the help of other members of the committee, Dr. Delfin Tan, Dr. Lilia Luna, Dr. Leonardo A. Almeda, Dr. Gilda G. Martinez, Dr. Joy Novero, Dr. Ina Irabon, and Dr. Tess Barrientos. PSRM is a well-oiled machine and I have the pleasure of working with a reliable, efficient and dedicated organizing committee, spearheaded by our Vice-President, Dr. Gladys Tanangonan. The committees are led by Dr. Jing Fernandez for the

Ways and Means Committee; Dr. Debby Pacquing-Songco, Dr. Grace Cruz, and Dr. Marian Capco-Dichoso for the Exhibits Committee; Dr. Majoy Cristi-Limson and Dr. Dadah Nisperos for the Physical Arrangements Committee; Dr. Rose Esguerra and Dr. Myka Bucu for the Documentation and Registration Committee; Dr. Lenny Casanova and Dr. Allen Tan for the Program and Invitations Committee and Dr. Ney Abat and Dr. Emma Caringal for the Committee on Socials. Other Board Members have also been there to give their advice when major decisions had to be made, Dr. Angge Aguilar and Dr. Mico Torres. With PSRM, anything worth doing is worth doing well. I have never seen our organizing committee half-hearted. Everyone comes to the meetings prepared and generously giving their time and effort. Thank you everyone for your untiring support. It is an honor for me to work with all of you and to be part of our Dream Team.

I would also like to thank our sponsors for their magnanimous contribution to this endeavor: Pharmalink (Platinum Sponsor), Menarini (Gold Sponsor), UAP (Convention Kits), Biofemme and PRMD (Registration), BSV (flyers, posters and newsletter) and all the exhibitors who set up their booth with us. And for the staff of PSRM, who are doing the legwork behind-the-scenes, Sarah and Richie, thank you for all your help throughout these years.

Lastly, I would like to thank all the delegates who have attended this Midyear Convention. Thank you for always participating in our events. Without your presence, this Midyear Convention would not be possible. I hope that this course will be as fruitful for you as it is for us.

Regina Paz Tan-Espiritu, MD, FPOGS, FPSRM, FPSGE
President, PSRM

2018 OUTREACH PROGRAM...



The PSRM CME had its 1st series of lectures last February 24, 2018 at the Mallberry Suites Business Hotel, Cagayan de Oro, Misamis Oriental. We were warmly welcomed by the POGS Region 10, Northern Mindanao Chapter. We would like to thank Dr. Melissa F. Diawatan.



2nd series of lectures last April 8, 2018 at the Hotel Ariana and Restaurant, Paringao, Bauang, La Union. We were warmly welcomed by the Region 1, Northern Luzon POGS Chapter. We would like to thank Dr. Joan Badua, Dr. Eileen Co-Sy, Dr. Cynthia Balila and Dr. Dianne Manzano. Next stop is POGS Central Luzon in August.



EDITOR'S CORNER

From n=1 to NNT—
a call for more sci-
entific work..

BY ANGELA G. SISON-AGUILAR MD MSC MBA



We would sit around the proverbial campfire—huddled in a small airconditioned room in the wee hours of the morning, clinging to every word our respected professor has spoken. Massage the uterus, he admonished, put ice packs to control the bleeding, and, uhh, take the baby away...this is a distraction.. otherwise the mother might bleed to death.

This was his credo, and we practiced this day in and day out, like a religion. Because we believed the master, his experience, most especially his anecdote of that one memorable patient whose life he saved, who got pregnant after his intervention, or whose entire family was eternally grateful to him guided our education. The stories are innumerable. Fast forward, this century, uterine massage may not be so effective, ice packs are no longer recommended, and, for heaven's sakes, don't take the baby the way. Haven't we heard of kangaroo care (skin to skin contact and early latching)?

Our science has changed—rather than listen to experience, we listen to data, meticulously gathered, and judiciously analysed. This is what guides our practice now. And this has transformed our educa-

PSRM turning Japanese.....

06 December 2017



Japanese cooking lesson.....



PJREI Announcement: Call for Papers

The Philippine Journal of Reproductive Endocrinology and Infertility (PJREI) is accepting original research papers, case reports and review articles for publication.

PJREI is a peer-reviewed journal that encompasses all aspects of human reproductive health. Submissions on infertility, reproductive disorders, pediatric and adolescent gynecology, contraception, menopause, and related topics are welcome. For full author instructions or submissions of manuscripts, please send email through psrei2001@yahoo.com.

PJREI collaborates with the Philippine Council for Health Research and Development (PCHRD), and is indexed in the Western Pacific Region Index Medicus (WPRIM).

Resident's Interesting Case and Research Paper Contest Set

Research Committee Chair Dr. Angela S. Aguilar announces the holding of the annual Research Contest and the Residents' Interesting Case Contest during the Annual PSRM Convention on September 26, 2018 at the EDSA Shangri-La Hotel, Mandaluyong City.

Deadline for submission of Case Report is on July 31, 2018 and Research entries on August 15, 2018.

continuation editor's corner.....

tion—from “campfire stories” to published meta-analysis, from traditional practices coming from the experience of our master professors to practice guidelines derived from facts uncovered even by our youngest but most diligent fellows whose research had discovered more truths than the chronicles of centuries old practices.

Without this transformation, we would still be bisecting the “polycystic ovary” to achieve ovulation, removing endometriomas left and right to improve fertility, performing Strassman’s on bicornuate uteri, and castrating women in their early 40s to prevent ovarian cancer.

We in the Philippines should be an active part of this scientific revolution, not just passive consumers of scientific publication. We have more clinical experience than many a Scandinavian country...even all of them combined, the number of births in our national university hospital in a year already comprise a fourth of the total births of the entire country of Singapore. All we need are highly trained bean counters, well designed protocols, painstaking execution of trials, diligent writing and publication, as well as passionate shepherds of these processes. Our experience is worth reporting, our cases are worth telling, our series worth collating, and information from the large volume of our patients are more than enough to validate many a hypothesis, determine if many an intervention is effective, and assess if a protocol will eventually be proven to be cost effective and worth recommending. Our potential is immense, let us act on it NOW.



24TH ANNUAL CONVENTION
*Concerns,
Controversies
and Challenges*
in REPRODUCTIVE MEDICINE

September
25 to 27
2018

EDSA
Shangri-La
Hotel

REGISTRATION FEES	CONVENTION PROPER		PRE-CONGRESS IVF COURSE	
	PRE-REG	ON-SITE	PRE-REG	ON-SITE
MEMBER	3,800	4,800	FREE	1,000
NON-MEMBER	4,800	5,800	2,000	3,000
RESIDENT / FELLOW IN TRAINING	3,000	4,000	1,500	2,500

*Pre-registration is until August 25, 2018

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RM**
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SAVE THE DATE

24TH PSRM ANNUAL CONVENTION **TOPICS**

PHILIPPINE SOCIETY FOR REPRODUCTIVE MEDICINE

Pre-congress IVF Course

Preparing the infertile couple for IVF
Stimulation protocols: case presentations
Minimal stimulation protocol
Monitoring IVF cycles: how and when
Techniques of oocyte retrieval and embryo transfer: tips and tricks
Optimizing endometrial receptivity
Ovarian hyperstimulation syndrome: prevention and management
Quality management system in the embryology lab
Breakout sessions (IVF cases)

PCOS

Managing the infertility patient with PCOS
Fresh vs frozen ET in women with PCOS
PCOS in extremes of ages
PCOS: effect of environment, diet and lifestyle modification

Endometriosis

Current approaches to endometriosis-associated infertility
Preparing for complex endometriosis surgeries: tips and tricks

Infertility

Recent developments in ovarian stimulation and ovulation induction
Male infertility: contemporary evaluation and management
Tubal reversal vs IVF / Vasectomy reversal vs sperm retrieval

Fertility Preservation and Oncofertility

Fertility-sparing surgical options in management of gynecologic malignancies
Fertility preservation: ovarian stimulation, when, how and in whom
Controversies in cryopreservation
Reproductive health needs in cancer survivors: fertility, contraception, and preconception counseling

Role of the Gynecologist in the Management of Breast Cancer Patients

Managing AUB in Cancer Patients
Contraception in Adolescents and Perimenopausal Women

Breakout Sessions on:

Pediatric and adolescent gynecology
Adenomyosis
Leiomyoma uteri



September 25 to 27, 2018



THINK POSITIVE

Urofollitropin For Injection B.P.

Foliculin-75 HP
75 I.U.

Highly Purified Menotrophin

HUMOG-75 / 150

Chorionic Gonadotropin

HuCoG®- 5,000 HP

Leuporelin Acetate

LUPRODEX

**NORMAL IMMUNOGLOBULIN
(HUMAN)**

GAMMA - I.V.
0.05 g/ml (2.5 g/50mL)
0.05 g/ml (5g/100mL)



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