

NEWSLETTER

PHILIPPINE SOCIETY FOR REPRODUCTIVE MEDICINE, INC.

INSIDE

PSREI Continues to offer CME Education in this New Normal

CPG on Polycystic Ovary Syndrome

Socials Committee holds Zoom-Ba Session for PSRM Members

PSRM IVF Series Goes Online!

Virtual Meeting 2020



MESSAGE FROM THE PRESIDENT

Marinella Agnes G. Abat, MD

On behalf of the PSRM Board of Directors 2020, I would like to warmly welcome everyone to the first ever PSRM Virtual Meeting!

This COVID-19 pandemic has seriously spoiled our best-laid plans for another grand annual convention for 2020, but the board of directors and the hardworking members of the organizing committee, spearheaded by our very dynamic vice president Dr Angela S. Aguilar, thankfully stepped up the game, and brought forth this one of a kind virtual meeting, in keeping with the PSRM's mission to keep its members up to date with the latest in Reproductive Medicine.

I would like to express my sincerest gratitude to the members of organizing committee, who worked extra hard to be able to bring you this virtual conference, despite the many heartaches, limitations and setbacks.

I would also like to thank you all, my beloved PSRM family, for continuously finding time to support all of our online activities, despite the barrage of webinars and the "zoom-fatigue".





It is my sincerest wish that you enjoy the lectures we have prepared for you in this 2-day online activity and I hope you could also visit the virtual booths of our sponsors so that we can express our gratitude to their support to our society. We have picked out the best speakers for you, to enrich your learning experience. I am also very excited to hang out and chill-out with all of you during our socials break out sessions!! Hoping to see you all there!!!

Looking forward to better times ahead.

PSRM CONTINUES TO OFFER CONTINUING MEDICAL EDUCATION in the NEW NORMAL

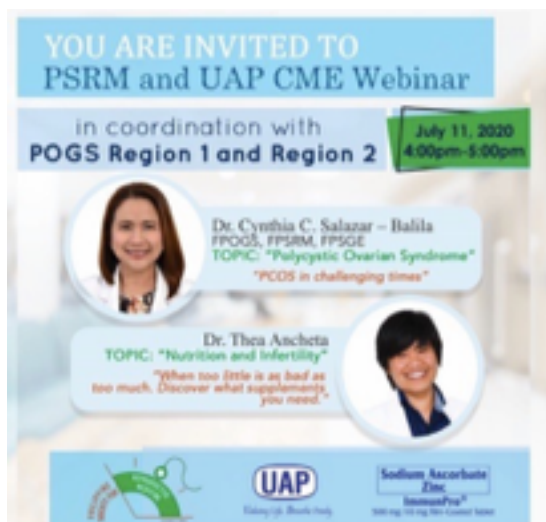
By Dr. Ina S. Irabon

Despite the many setbacks brought about by the COVID-19 pandemic for the most part of 2020, the PSRM marched on and continued its quest for continuing quality medical education not only for its members, but also to non-RM practitioners.

The PSRM partnered with UAP and have staged 3 online webinars thus far, as part of the CME outreach caravan. More outreach webinars are still to come, and will all be completed before the end of the year.

The first online CME outreach lectures were held on May 12, 2020. Dr Angela S. Aguilar lectured on "Endometriosis: New Paradigm in the New Normal Era" and Dr Melissa F. Diawatan gave a lecture on "AUB in the time of pandemic"





The second online PSRM CME webinar was held on July 11, 2020, where Dr Cynthia Salazar-Balila lectured on PCOS, and Dr Thea Ancheta gave some very useful and practical tips on “Nutrition and Infertility”.



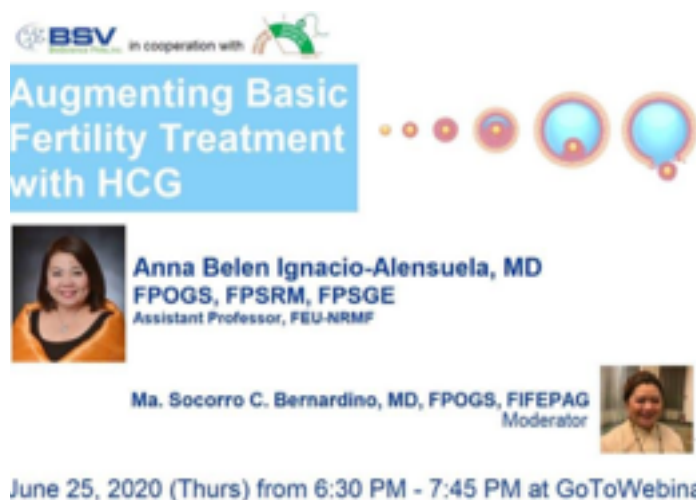
The third PSRM CME webinar was held last August 22, 2020. Dr Rey Castillo lectured on “Endometriosis” and Dr Thea Ancheta gave a repeat lecture on “Nutrition and Infertility”.

Major pharmaceutical companies have also partnered with PSRM for their academic webinar conferences:

Bayer and PSRM have so far conducted 2 webinars. The first one was held last July 28, 2020. The speakers were Dr Angela S. Aguilar who lectured on “Evolving Concepts on Endometriosis” and Dr Margaret Joyce C. Limson, who gave a talk on “Conquering Endometriosis-associated pelvic pain”. The second Bayer-sponsored webinar was held on August 21, 2020, with Dr Delfin A. Tan and Dr Antonia E. Habana, who talked about “Deep Infiltrating Endometriosis” and “Recurrent Endometriosis”, respectively.



Merck and PSRM together staged one webinar, and it was held on May 21, 2020, with Dr Virgilio M. Novero Jr as speaker. Dr Novero lectured on “Restarting ART Practice in the Philippines amidst COVID-19 pandemic”



Augmenting Basic Fertility Treatment with HCG

Anna Belen Ignacio-Alensuela, MD
FPOGS, FPSRM, FPSGE
Assistant Professor, FEU-NRMF

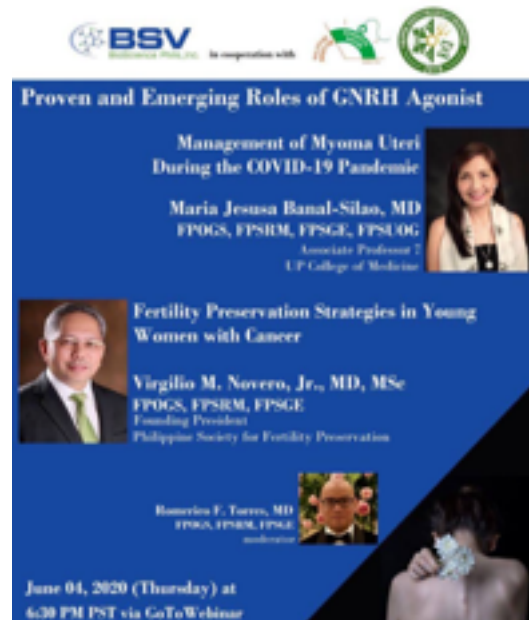
Ma. Socorro C. Bernardino, MD, FPOGS, FIFEPAG
Moderator

June 25, 2020 (Thurs) from 6:30 PM - 7:45 PM at GoToWebinar

BSV and PSRM have also conducted 2 webinars together. The first webinar was held on June 25, 2020, with Dr Anna Belen Ignacio-Alensuela as speaker. Dr Alensuela lectured on the topic "Augmenting basic infertility treatment with HCG". The second webinar was held on June 4, 2020, with speakers Dr Maria Jesusa Banal-Silao, who lectured on "Management of Myoma Uteri during the COVID-19 pandemic", and Dr Virgilio M. Novero Jr, who talked about "Fertility preservation strategies in young women with cancer."

Indeed, there is no stopping the PSRM board from serving the members of the society, by delivering quality medical education, despite the physical limitations brought about by the COVID-19 pandemic.

See you all in our future webinars!!!



Proven and Emerging Roles of GnRH Agonist

Management of Myoma Uteri During the COVID-19 Pandemic

Maria Jesusa Banal-Silao, MD
FPOGS, FPSRM, FPSGE, FPSUOG
Associate Professor
UP College of Medicine

Fertility Preservation Strategies in Young Women with Cancer

Virgilio M. Novero, Jr., MD, MSc
FPOGS, FPSRM, FPSGE
Founding President
Philippine Society for Fertility Preservation

Romelio F. Torres, MD
FPOGS, FPSRM, FPSGE
Moderator

June 04, 2020 (Thursday) at 6:30 PM PST via GoToWebinar

CPG on POLYCYSTIC OVARY SYNDROME (2020)

By Ina S Irabon, MD, FPOGS, FPSRM, FPSGE

The PSRM, under the able leadership of our current president Dr Marinella Agnes G. Abat, is set to release an update on the clinical practice guidelines on PCOS this year. The editors-in-chief are Dr Delfin A. Tan and Dr Maria Antonia E. Habana. The first edition of the PCOS CPG was published in 2009, under the leadership of Dr Eileen M. Manalo.

For this year's 2nd edition of the PCOS CPG, the editorial board assembled an impressive group of Reproductive medicine specialists who are tasked to meticulously scan and critique the most current scientific evidence on PCOS, and synthesize the myriad information in one comprehensive book of guidelines, that will be specifically adapted to the needs of the Filipino woman. The publication will include the following topics:

1. Diagnostic criteria
2. Pathophysiology
3. Long term health consequences
4. Guidelines in the management of PCOS (includes AUB, hyperandrogenism, infertility, adolescents, pregnancy, long term consequences)
5. Role of prevention

Target date for the plenary (online) critiquing will be on the last week of September 2020, with target release of the published manuscript on December 2020.



Socials Committee holds a “ZOOM”-BA SESSION for PSRM MEMBERS

The PSRM members had an exhilaratingly enjoyable August ender as they moved and grooved to the beat of some popular dance music during the first ever PSRM “Zoom”-ba session held on August 31, 2020 at 730 am.

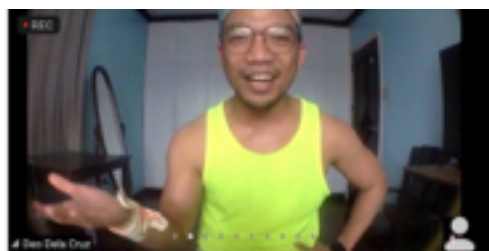
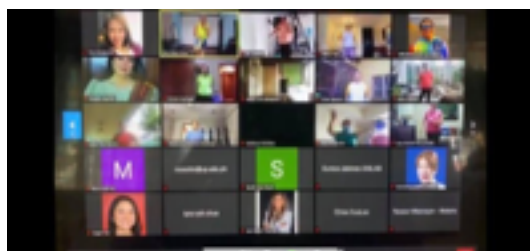
The activity was organized by the socials committee headed by Dr Marinella Agnes G. Abat, and hosted by the ever energetic Dr Amity C. Trono. Coach Deo dela Cruz led the 40 PSRM zoomba-titas and titos as they grind their hips and sweated off those extra pandemic pounds.

Special awards were given after the “zoom”-ba activity, with Dr Eileen Co-Sy awarded the “most colorful costume” award, and Dr Jesusa Banal-Silao (1st place), Dr Judith Galang-Perez (2nd place),



and Dr Susan Rosa-Cantor (3rd place) awarded as the “best dancers”. A “special award” was also given to Dr Joan Tan-Garcia for showing the “best kembot” moves.

The participants loved the “zoom-ba” activity and instantly clamored for more regular sessions for the members (*calling mam Ney and Amity! wink wink*). This activity was generously sponsored by our pharma partner, Biofemme.



PSRM IVF SERIES goes online!

By: Romerico F. Torres MD, FPOGS, FPSRM, FPSGE

We have planned to have a bigger second IVF series, after its first successful run last year at the Edsa Shangrila. While last year's 3 part series talked about the basics of IVF and case discussions, for this year we have designed a more advanced curriculum tackling PCOS and Endometriosis. It was envisioned to be a 3 part 5 segment series, culminating in a hands on with actual cases for stimulation, OPU and possible embryo transfer 1 week prior to the PSRM Midyear in Cebu. We have enlisted the support of our industry partners Merck, Ferring and BSV for this activity with Repro Optima as the host IVF lab. Then the COVID 19 pandemic happened...

Not to be dampened by the ongoing turmoil, the board has decided to convert the program into the PSRM IVF Series Webinar. On the bright side, the webinar series was made available to all members, all over the country within the safety and confines of their own homes. With this it was able to address knowledge gaps in the practice of ART whilst keeping with the quarantine directives. The first of the 2 part of the series was on PCOS and IVF held on July 10 and 17, 2020. Topics such as pathophysiology of PCOS related infertility, adjuvants for IVF in the PCOS patient, choosing the right stimulation protocol and IVF cases were delivered by the following speakers, Drs Gia Pastorfide, Eileen Manalo, Jing Fernandez and Anthony Ancheta. The 2 segments of the first part garnered the following attendees, 90 and 98 respectively.

The second part was on Endometriosis and IVF and likewise had 2 segments held on August 7 and 14, 2020. Topics such as pathophysiology of Endometriosis related infertility, adjuvants for IVF in the Endometriosis patient, choosing the right stimulation protocol and IVF cases were delivered by the following speakers, Drs Angela Aguilar, Dan Milla, Debbie Meguizo and Marivic Tan. The 2 segments of this second part garnered identical number of attendees, 90 and 98 aswell. Each part had a post-test administered in compliance with the requirement to be able to issue CPD units for the activities. These post tests were given via an "online game" platform which has made the members' participation more enjoyable.

Needless to say with the cancellation of the Midyear, the part 3 was cancelled as well, but should be highly anticipated once we can all resume face to face gatherings, prayerfully in the very near future. Till then let's all keep safe and may we all continue to be blessed and be blessings to others!

First Series: PCOS and IVF

Part 1: July 10, 2020 5:00 - 6:15pm



EILEEN M. MANALO, MD
"Surgical and Medical Adjuvants for patients with PCOS doing IVF: Which Works"

GIA PASTORFIDE, MD
"Pathophysiology of PCOS related Infertility: A Review"



Part 2: July 17, 2020 5:00 - 6:15pm



MA. ASUNCION A. FERNANDEZ, MD
"Choosing the right stimulation protocol and stimulating a patient with PCOS"

ANTHONY MARC B. ANCHETA, MD
"Interactive IVF Cases Discussion"



Second Series: Endometriosis and IVF

Part 1: August 7, 2020 5:00 - 6:15pm



ANGELA S. AGUILAR, MD
"Pathophysiology of Endometriosis related Infertility: A Review"

DANILO JOSE C. MILLA, MD
"Surgical and Medical Adjuvants for patients with endometriosis doing IVF: Which work?"



Part 2: August 14, 2020 5:00 - 6:15pm



DEBBIE GUANI DY-MEGUIZO, MD
"Choosing the right stimulation protocol and stimulating a patient with endometriosis"

MARIA VICTORIA R. TAN, MD
"Interactive IVF Cases Discussion"



“Fertility Care Amidst the Pandemic”: the PSRM VIRTUAL MEETING 2020

Mona Ethillin Yu, MD, FPOGS, FPSRM, FPSGE

Amidst the growing COVID-19 pandemic, the PSRM, with its leadership and board members, has remained resilient and dynamic. Numerous educational webinars have been conducted to update the members with novel quality care for infertile couples brought about by the SARS COV-2 infection and the current challenges it brings to our ART practice. But with the current community situation, members of the PSRM need to learn more about some innovative strategies in the care of gynecologic diseases that have a major impact on reproductive health.

With this in mind, the very creative PSRM organizing committee, spearheaded by our amazingly talented Vice President Dr Angela S. Aguillar, launches our *first ever, state-of-the-art PSRM Virtual Meeting*, which is set to take the stage on cyberspace on September 4 and 5, 2020. This virtual conference was conceived with the theme “Fertility Care Amidst the Pandemic.” Top International and local reproductive medicine experts will share their experience and practice on relevant topics on the emerging evidence on Covid-19 and fertility, performing reproductive surgery in challenging circumstances, PCOS in the pandemic, age-related fertility decline and AMH: the Philippine nomogram, oral progestin for luteal phase support, recurrent pregnancy loss: the role of REI, and impact of endometriosis on ART.

PHILIPPINE SOCIETY FOR REPRODUCTIVE MEDICINE
VIRTUAL MEETING 2020

MOVING FORWARD
Fertility Care Amidst the Pandemic
 4 & 5 September 2020 | 4:30 PM

DAY 1: 4 SEPTEMBER 2020 FRIDAY	DAY 2: 5 SEPTEMBER 2020 SATURDAY
OPENING CEREMONY 4:45 PM INVOLUTION: NATIONAL ANTHEM, WELCOME REMARKS 5:00 PM OPENING REMARKS VIRTUAL MEETING PROPER 5:00 PM COVID-19 and Fertility: Evolving Evidence 5:15 PM Age-Related Fertility Decline and AMH: The Philippine Nomogram 5:30 PM Performing Reproductive Surgery in Challenging Circumstances 5:45 PM Recurrent Pregnancy Loss: Role of REI 6:00 PM PCOS in the pandemic 6:15 PM Oral Progestin for Luteal Phase Support in ART: Is it a New Strategy? 6:30 PM Endometriosis and Recurrent Pregnancy Loss 6:45 PM Fertilization and Conception Night	BUSINESS MEETING 4:45 PM PSRM Business Meeting VIRTUAL MEETING PROPER 5:00 PM SOCIETY-SPONSORED LECTURE (WINE): THE ROLE OF LH IN CONTROLLED OVARIAN STIMULATION 5:15 PM RECURRENT PREGNANCY LOSS: ROLE OF REI 5:30 PM IMPACT OF ENDOMETRIOSIS ON ART 5:45 PM SOCIETY-SPONSORED LECTURE (WINE): BOOSTING THE IMMUNE SYSTEM 6:00 PM CLINICAL REMARKS 6:15 PM BREAKOUT SESSIONS 6:30 PM PSRM Members

VISIT <https://expo.net/psrm> FOR A COMPLETE VIRTUAL MEETING EXPERIENCE

The roster of speakers include no less than renowned local speakers, Dr. Delfin Tan, Dr. Lilia Luna, Dr. Virgilio Novero, Jr., and Dr. Rudie Frederick Mendiola and international RM experts Prof. Sony Sukhbir Singh of Canada and Prof. Georg Griesinger from Germany.

Aside from this very interesting scientific program, an exciting array of virtual social events await PSRM participants, such as *wine tasting, gardening, makeup tutorials, and a “mystery” booth*

We look forward to a successful first virtual meeting, with all your unwavering support for our beloved PSRM, with or without the pandemic! See you in cyberspace!



