



PSREI NEWSLETTER

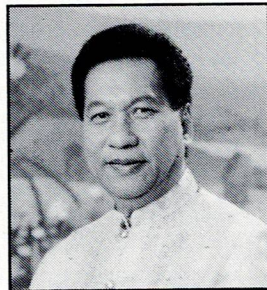
Official Newsletter of the Philippine Society of Reproductive Endocrinology and Infertility, Inc.

Volume 3, Issue 6

September 2001

Message from the President

With pride, I congratulate the organizers and participants of the recently concluded PSREI Midyear Postgraduate Course. The conference was well attended, the topics were relevant and the exchange of ideas was dynamic and stimulating.



I am pleased that this is in keeping with the challenge I have posted earlier for our society to improve on the conduct of our local conferences which provide continuing education on Reproductive Endocrinology and Infertility. This challenge was made in the hope of putting our organization at par with our international counterparts in preparation for our society's acceptance into the International Federation of Fertility Societies come November 28-30, 2001 at Melbourne, Australia.

As I call on all members of PSREI to witness this momentous event in Australia, I likewise encourage you to duplicate the success of the Midyear Postgraduate Course for the forthcoming Annual PSREI Convention this October. The organizing committee of the said convention has lined up several interesting topics to satiate your appetite for knowledge on Current and Future Trends in Reproductive Endocrinology and Infertility, the theme for this year's annual convention.

With our concerted efforts and dedication, I am certain that our reputable society will emerge to be truly deserving of international recognition. More power to PSREI.

Annual PSREI convention set October 12-13

Greetings!

We extend our sincere invitation to all interested participants to the Philippine Society of Reproductive Endocrinology and Infertility 7th Annual Convention on October 12 and 13, 2001 at the New World Hotel, Makati City.

The two-day scientific program will feature speakers from abroad and from our country who are experts in the topics they will discuss.

We encourage participation to this scientific exercise knowing fully well that current and future insights will be gained in particular fields of reproductive endocrinology and infertility.

We welcome you all on October 12 and 13, 2001 at the Grand Ballroom, New World Hotel, Makati City.

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EDITOR'S CORNER

For Now, Medical Practice Takes a Back Seat . . .*By Virgilio M. Novero, Jr., MD, FPOGS, FPSREI*

By the time this article comes out, it would be nearly 3 weeks since the multiple suicide bombings of the major American landmarks of September 11. But the anxieties probably linger on for this expectedly protracted crisis.. On one hand, we try hard to go about a daily routine as if everything is normal. After all, we are halfway across the world from vengeful Americans, the disintegrated Twin Towers, and the badly mangled Pentagon. On the other hand, we are constantly reminded that we are part of an interactive global community made smaller by high-tech telecommunication and threatening military innovations of recent decades that we cannot and should not ignore the US east coast tragedies for a number of moral and practical reasons.

For one, we are constantly reminded, by satellite news or private concern, of a threat of the Nostradamus prophecies and the coming of third World War that it is impossible to ignore the issues. The threat to the future and security of loved ones inside and outside the Philippines is real whether or not the local government directly participates in the US military campaigns.

A more specific concern are the consequences of recent events to our practice of medicine. In the short and medium term, the supply of certain imported medical supplies and pharmaceutical products may be in question. International travel to America, US-friendly nations, and directly involved countries are now viewed with some "risk" that international referrals and attendance to conventions may have to be minimized. Many believe though, that basic local services would go unhampered.

It is the view of this writer that whatever the outcome of the present crisis, the occurrence of such events only remind us to place matters in this life into proper perspective. Many times in our resolve to provide proper medical service in our respective fields, we are caught in the web that medicine is what life is all about. But surely, with what has happened, we are reminded that our niche is but a speck professional roles, there might be an even bigger universal role that we need to fulfill. What it may be is what destiny will answer....



*Midyear convention guest Dr. Yap Lip Kee with
Dr. Rogelio P. Mendiola*

PSREI NEWSLETTER

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FELLOWS IN FOCUS

MARLYN: A Workhorse in Our Midst



A close colleague was asked what best describes this statuesque doctor. His response: she is a workhorse who constantly helps drive our department for improvement. Such is the strength and professional dedication of

Marlyn in her practice of medicine in the academe of the University of Santos Tomas and in her private capacity.

Marlyn completed her medical training from the UST in 1981 and immediately entered residency training in obstetrics & gynecology at their university hospital. But after completing residency in 1987 which included two years of service as chief resident, Marlyn still longed to specialize in a field which really kept her interested—reproductive endocrinology and infertility. After all, she was a previous winner in the POGS Residents' Interesting Case Presentation for a difficult endocrinologic case ("Spectrum of Turner's Syndrome").

She finally got her wish in 1994 when she had a one year fellowship in Reproductive Endocrinology and Infertility in Bonn through a joint tie up of the KAAD in Germany and UST. In this fellowship, she had tremendous exposure in such subfields as microsurgery, laparoscopy, ultrasound, ovulation induction, and in vitro fertilization.

At present, Marlyn is an accomplished REI expert practicing her craft in the Manila area. She is also a stalwart in residency training and service at UST Hospital, where she heads the Residency Training Committee and supervises the infertility outpatient clinic. And in her very limited spare time when she doesn't play doctor, Marlyn is an imposing figure with her height and athletic built on the pingpong table or in track & field where she is a feared expert.

For the moment, Dr. Dee hopes that some group, hopefully the government, can help subsidize infertility treatment so that the technology she has learned can be more completely applied in the Philippine setting.

EDWIN: A Well-rounded man on the Run



For most obstetricians, spending quality time away from work is a luxury. After engaging countless years in getting a medical degree, going into a residency program, and finally into fellowship training, Dr. Edwin Dimayuga, a young achiever

in his chosen field, knows the importance of spending quality time.

He graduated cum laude in 1983, with a degree of BS Biology from the University of the Philippines, after which he entered the College of Medicine of the UPPGH, where he finished his medical training. He could have entered into the field of Ophthalmology, which according to him, is another field of interest where he'd be able to spend time in the operating room. Ophthalmology's loss was a big gain for Obstetrics, where he finished his residency program from the Department of Obstetrics and Gynecology of the UPPGH from 1989-1992. He ventured to Australia, to find a training program in Reproductive Endocrinology. Luckily, his siblings were training in Sydney, and paved the way for him to enter the Westmead Fertility Centre at Westmead Hospital, specializing in In Vitro Fertilization and Assisted Reproductive technologies. He is a fellow of the Fertility Society of Australia, and a member of the American Society

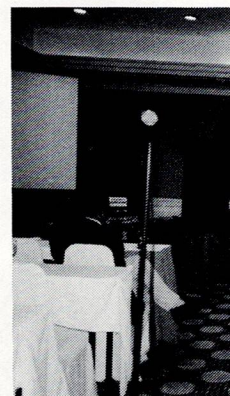
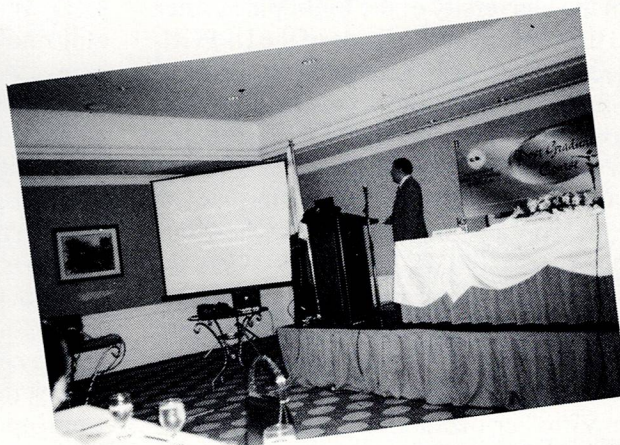
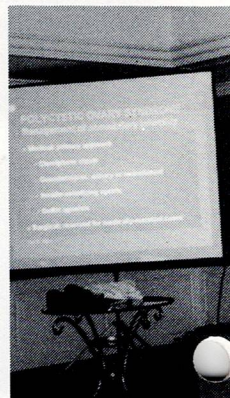
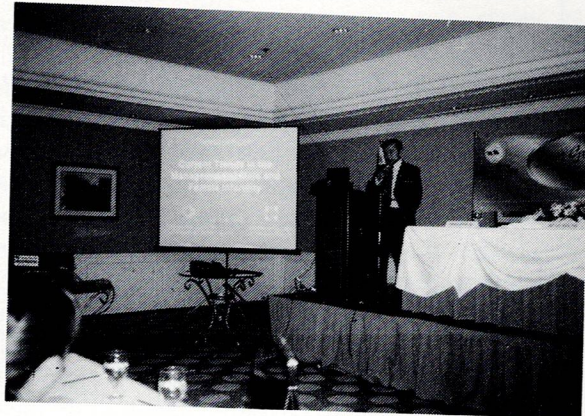
of Reproductive Medicine, aside from his other local affiliations.

What keeps him busy is his present position as the Medical Director of the family owned Trinity Woman and Child Center, in Manila where he involves himself deeply in ensuring the promotion of quality care for the patients that they serve. He also holds positions in the roster of staff of Philippine General Hospital, Manila Doctors Hospital, Medical Center Manila, Makati Medical Center, and Dr. Victor Potenciano Medical Center.

With so much work at hand, does our obstetrician still find time to relax? Blessed with a green thumb, he enjoys working in the garden, which he finds as an effective stress-reliever than going out to the malls, which he actually finds more stressful with the crowds and the noise. If he had more time in his hands, he would want to go to the gym more often to keep fit, or hide in the kitchen to experiment on new recipes.

Dr. Dimayuga shares the common view that there are a lot more that we can do for our patients who seek consult in our clinics. However, the economics of providing care may be limiting for most of those who wish to seek medical advice. With the rising cost of infertility work-up and treatment, he would like to see day when the average patient can avail of accessible and affordable quality care.

HIGHLIGHTS OF MID-YEAR EDSA Shangrila H July



POSTGRADUATE COURSE

el, Mandaluyong City
, 2001



SCIENTIFIC PROGRAM OF PSREI ANNUAL CONVENTION

CURRENT AND FUTURE TRENDS IN REPRODUCTIVE ENDOCRINOLOGY AND INFERTILITY
Grand Ballroom, New World Hotel, Makati City

FIRST DAY (OCTOBER 12, 2001)

- 7:30-8:30 - Registration
8:30-9:00 - Opening Ceremonies
Invocation - **Dr. Santiago A. Del Rosario**
National Anthem - **Dr. Eileen M. Manalo**
Welcome Remarks - **Dr. Greg B. Pastorfide**
Introduction to the course - **Dr. Lilia P. Luna**
- 9:00-9:30 - Current Concepts on Factors Affecting Ovulation
Dr. Rosalinda B. Arceo
- 9:30-10:00 - FSH, Inhibin B and Small Antral follicles to determine ovarian reserve
Dr. Trinidad R. Vera
- 10:00-10:15 - Open Forum / Coffee Break
- 10:15-10:45 - Aromatase Inhibitor in Ovulation Induction
Dr. Greg B. Pastorfide
- 10:45-11:15 - Practical Aspect of Embryo Transfer in IVF
Dr. Haris Hamzah of Malaysia
- 11:15-11:45 - Day 2 vs Day 3 vs Day 5 Transfer in IVF
Dr. Leonardo A. Almeda
- 11:45-12:00 - Open Forum
Moderator - **Dr. Antonia E. Habana**
- 12:00-2:00 - Lunch Symposium "The Use of Recombinant FSH (Puregon in IUI and IVF)
Dr. Haris Hamzah (c/o Organon)
Business Meeting / Induction of new fellows
- 2:00-2:30 - Gonadotrophin Agonists/Antagonists: past, present, future
Dr. Florante P. Gonzaga
- 2:30-3:00 - Clinical Implications of Inhibin and Activin in Reproductive Medicine
Dr. Grace Serrano
- 3:00-3:15 - Open Forum / Coffee Break
Moderator - **Dr. Edwin E. Dimayuga**
- 3:15-3:45 - Hyperinsulinism and Gonadal Complication
Dr. Rogelio P. Mendiola
- 3:45-4:15 - Obesity, Leptin and Anovulation
Dr. Eileen M. Manalo
- 4:15-4:45 - Effects of hydrosalpinx fluid on sperm motility and survival in vitro
Dr. Louis Ajonuma, Hongkong
- 4:45-5:00 - Open Forum
Moderator - **Dr. Rosalie N. Macali**

SECOND DAY (OCTOBER 13, 2001)

- 8:30-9:00 - Aging process of reproductive endocrine organs
Dr. Corazon T. Lim
- 9:00-9:30 - Future trends in contraception
Dr. Lilia P. Luna
- 9:30-10:00 - New approaches to dysfunctional uterine bleeding
Dr. Santiago A. Del Rosario
- 10:00-10:15 - Open Forum / Coffee Break
Moderator - **Dr. Marlyn Dee**
- 10:15-10:45 - Endoscopy in Infertility
Dr. Pacita Lazaro
- 10:45-11:15 - HSG vs Sonohysterography in Infertility
Dr. Gilda Martinez
- 11:15-11:30 - Open Forum
Moderator - **Dr. Lourdes Liwag**
- 11:30-1:00 - Lunch
- 1:00-1:30 - FSH recombinant therapy for male infertility
Dr. Delfin Tan
- 1:30-2:00 - Treatment on sperm motility disorder
Dr. Virgilio M. Novero
- 2:00-2:30 - Practical aspect of fertility management
Dr. Somchai Suwajanakorn
Thailand
- 2:30-2:45 - Open Forum / Coffee Break
Moderator - **Dr. Carmencita B. Tongco**
- 2:45-3:15 - Progestin and Endometrial Protection
Dr. Regta L. Pichay
- 3:15-3:45 - Anti-Androgen in Gynecology
Dr. Tellie Luna-De Guzman
- 3:45-4:15 - Current Perspectives in the management of Endometriosis
Dr. Blanca C. De Guia
- 4:15-4:30 - Open Forum
Moderator - **Dr. Patria M. Punsalan**
- 4:30-5:00 - Fellowship night
- Other activities:
- Election : 8:00am to 12:00nn
Canvassing : 12:00nn

PSREI NEWS AT A GLANCE

Midyear Convention a Success!

The PSREI successfully completed its Midyear Convention at the EDSA Shangrila Hotel last July 28, 2001. Dr. Rosalinda Arceo, convention chairperson, reported that 110 doctors attended the affair where the keynote lectures were given by Dr. Yap Lip Kee of Singapore. Dr. Yap's lectures included discussions on evidence-based work up of male and female infertility, updates in hysteroscopy, and management of endometriosis. Lectures by present or past PSREI presidents Dr. Florante Gonzaga, Dr. Greg Pastorfide, Dr. Leonardo Almeda, and Dr. Delfin Tan were also well received.

Attending the IFFS Congress in November?

The Philippine Society for Reproductive Endocrinology and Infertility (PSREI) will help facilitate the travel requirements and details of those who are interested to attend the 4th IFFS World Congress (17th World Congress of Fertility and Sterility) at Melbourne, Australia on November 25-30, 2001. Special travel packages will be offered. Please contact Sarah at the PSREI office through telephone number 920-9565.

Prof. Devroey in Lunch Symposium

Dr. Prof. Paul Devroey, world renowned authority on reproductive medicine including intracytoplasmic sperm injection or ICSI, is scheduled to be the main speaker in a lunch symposium of the PSREI on November 25, 2001. This meeting immediately follows the Annual POGS Convention and will be open free to all fellows of the PSREI.

PSREI Constitutional Amendments

PSREI President Dr. Greg Pastorfide and Constitutional Amendments Committee Chairperson Dr. Santiago del Rosario invites all fellows in good standing to attend and participate in the PSREI business meeting for its annual election of officers and for the ratification of several proposed constitutional amendments. This will be held during the Annual PSREI Convention at the New World Hotel on October 12-13, 2001.

PSREI Written and Oral Exams

The written and oral examinations of the PSREI have been set on September 23 and 30, 2001, respectively, at the Chairman's Office of the Department of Obstetrics & Gynecology at the UP-PGH Medical Center. This examination is open to all certified fellows and diplomates of the POGS of high standing and has completed training in approved training programs in Reproductive Endocrinology and Infertility locally or abroad. For more details, please contact the PSREI Secretariat at 920-9565 or Dr. Florante Gonzaga at 631-3896. Successful examinees will be inducted into the society during the annual convention in October.

Residents' Interesting Case Contest

The 3rd Residents' Interesting Case Presentation Contest will be held on September 28, 2001 at 1-5pm at the Manansala Ballroom of the Manila Galleria Suites, Ortigas, Pasig City. A total of seven (7) interesting papers on reproductive endocrinology and infertility will vie for cash prizes to be given for the top three cases. Invited judges who will grace the affair include Dr. Corazon T. Lim, Dr. Rogelio P. Mendiola, Dr. Lyra Ruth Clemente-Chua, Dr. Tellie De Guzman and Dr. Virgilio Novero, Jr. This affair is co-sponsored by Schering and Organon.

The Finalists include the following:

1. What Lies Beneath (A Case of 46 X, Y Gonadal Dysgenesis or Sywer's Syndrome)
2. Too Small to Fit: Rudimentary Horn Pregnancy
3. Swyer's Syndrome with Malignant Mixed Germ Cell Tumor of the Ovary
4. Familial Complete Androgen Insensitivity Syndrome: A Case Report
5. Pregnancy After Hysteroscopic Myomectomy for a Submucous Myoma with Bilateral Tubal Obstruction: Case Report
6. True Hermaphroditism
7. Successful Pregnancy After Bilateral Salpingectomy for Hydrosalpinx and Frozen Embryo Transfer

PSREI Research Paper Contest

1. A Randomized Placebo-Controlled Clinical Trial of Low-Dose Monophasic Oral Contraceptive Pills in the Treatment of Functional Ovarian Cysts
2. Ovulatory Response After Ovarian Cystectomy

CALENDAR OF SCIENTIFIC MEETINGS

LOCAL

October 12-13, 2001 7th Annual PSREI Convention
Grand Ballroom, New World Hotel
Theme: "Current and Future Trends
in Reproductive Endocrinology and
Infertility"

November 16, 2001 PSREI Lunch Symposium
Dr. Paul Devroey

INTERNATIONAL

October 20-26, 2001 57th Annual Meeting of the American
Society for Reproductive Medicine
Orlando/Orange County Convention
Center
Orlando, Florida
Tel 205 978 5000 Fax 205 978 5018
Email: asrm@asrm.org
URL: www.asrn.org

November 12-15, 2001 6th Regional Meeting of the Interna-
tional Society for Gynecologic Endo-
scopy
Shangrila Hotel, Bangkok, Thailand
Contact: Dr. Chaisilwattana
8th Floor, The Royal Golden Jubilee
Bldg 2 Soi Soon Vijai,
New Petchaburi
Road Bangkok 10320, Thailand
Tel +66-2-7165721
Fax +66-2-7165720
Email: wscn@convention.net.au

June 1-4, 2002 11th World Congress on Human
Reproduction
Montreal, Canada
Contact: The secretariat, 687 avenue
des pins, Room F4, 29 Montreal, Que-
bec, Canada H3A 1A1
Tel 1-(514) 842-1231 ext 6567
Fax 1-(514) 843-1678
Email: elizabeth.smith-kawasaki@mulic.mcgill.ca
Homepage: www.HumanRep2002.com

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