



PSREI NEWSLETTER

Official Newsletter of the Philippine Society of Reproductive Endocrinology and Infertility, Inc.

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PSREI Conventions Slated

Dr. Rogelio Mendiola, PSREI president, recently announced the chosen dates for the two traditional scientific meetings of the society, the Midyear Postgraduate course and the Annual Convention. The Midyear meeting, this year chaired by Dr. Gilda Martinez, has been set for July 19, 2003 at the EDSA Shangrila Plaza. The Annual Convention, on the other hand, has been set for September 10-11, 2003 also at the EDSA Shangrila with the theme, "Solutions to Current Problems in Reproductive Endocrinology and Infertility." Dr. Santiago del Rosario, concurrent PSREI vice president, is this year's overall chairman of the annual convention.

Message from the President

In 2003, the 9th year of our society's existence will prove to be a challenging one considering the combined tragedy of the Middle East conflict and the much dreaded disease called SARS. It not only affects world peace but also poses a global threat to the sad state of world health.



Nevertheless, the show must go on. We emphasize the need to take hold of our senses and as a team – deliver the much awaited program of activities for the year.

First of all, I would like to thank all of you for putting your trust in me when you elected me as the eighth (8th)

president of our prestigious society. I accepted the position with pride and joy knowing that I was given the chance and opportunity to serve the society and its members. The society represents a subspecialty close to my heart.

Influenced and highly inspired by the

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Induction of PSREI officers held last Dec. 2002. From left, Dr. Florante P. Gonzaga (Inducting Officer), Dr. Rogelio P. Mendiola (President), Dr. Santiago A. Del Rosario (Vice President), Dr. Gilda G. Martinez (Auditor), Dr. Romana G. Borromeo (Board Member), Dr. Virgilio M. Novero Jr., (PRO). Not in picture are Dr. Eileen M. Manalo and Dr. Carmencita B. Tongco.

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EDITOR'S CORNER

Helping out in the fight against SARS

In these anxious times of the unknown and the unseen, in particular, the dreaded spread of the corona virus in Severe Acute Respiratory Syndrome or SARS, the public has more or less focused on two primary preventive strategies. These are the avoidance of public places and the wearing of masks. As physicians, we are always queried on this and that about SARS containment. Unfortunately we only know what we can read from the newspapers because SARS is slowly being unmasked during the actual epidemic. So let me share with you just a little more about SARS and its prevention so that we can somehow help out in our country's drive to control this virus in our country. The following have been taken from SARS websites and forwarded internet messages.

One strategy that needs to be questioned is the wearing of masks. We already know that the most effective mask that may properly filter the virus is the N95 model of 3M (which I was able to secure in late March at the cost of P21.50; now it is being sold for P200 at St. Luke's Hospital). The pore size of N95 masks is 0.3 micron. But you will be appalled at the thought that the corona virus is 0.06 micron, thus making such a filtering strategy a questionable move. Secondly, if one constantly wears a mask including times one has to talk, the mask becomes moistened by saliva. If corona virus is caught in the outer surface of the mask, it should probably dry out to death naturally in 3 hours, which is the usual time a virus can survive outside living tissue. However, the presence of moisture from saliva extends the viability of the virus! Finally, people tend to hold on to the outer mask, transferring the virus to the hands, which then may transpose the virus to other sites, eg. doorknobs, stair banisters, elevator buttons and worse your eyes when you accidentally rub them. So the use of masks is probably an ineffective security blanket especially if you don't change them quite frequently. Many in fact use the same mask for several days.

A more effective strategy would be frequently washing of hands, the age old strategy in preventing disease transmission. The outer layer of viruses is said to be very vulnerable to soap and alcohol, so frequent hand disinfection would be more rational.

Finally, improving the immune system is also being advocated. The use of the most popular anti-oxidants, vitamin C and vitamin E, is a must. Ascorbic acid at 1000-1500 mg per day and tocopherol 400-800 mg per day is recommended. Let us give our share to help control the spread of SARS!

Message . . . from page 1

performance of our esteemed predecessors, I could not help but seek within me a driving force that could make my term equal to their expectations.

I am blessed to have some of the best minds and personalities in our budding society. Naming them gives me enough confidence that this year's activities could achieve the goals and objectives of the Philippine Society of Reproductive Endocrinology & Infertility. Dr. Santiago A. Del Rosario, vice president, is the overall chair of the 9th Annual Convention to be held on September 10-11, 2003 at the Isla Ballroom of the EDSA Shangri-La Hotel. The theme of the Convention is "Solutions to Current Problems in Reproductive Endocrinology and Infertility". As of now, we have the confirmed participation of 3 foreign guest speakers: DR. LEE WEI HONG of Singapore, DR. CLEMEN HO from Hongkong and DR. COSTAS PAPADOPOULUS of NV Organon.

Dr. Gilda G. Martinez, PSREI auditor, will chair this year's Midyear Postgraduate Course, which will be held on July 19, 2003 at the EDSA Shangri-La hotel. Dr. YEONG CHENG TOH our main speaker from Singapore, will talk on the latest update on Endometriosis Treatment. This activity which never fails to attract the attendance of members and country's practitioners, will be sponsored by Astra Zeneca.

Dr. Virgilio M. Novero Jr., the society's PRO, chair of the Committee on Research Forum, will take care of this year's PSREI Fellows' Research Paper Contest and the much awaited Residents' Interesting Case Presentation & Research Paper Contest. The contest proper and awarding ceremonies will be one of the major events in this year's 9th Annual Convention.

Dr. Eileen M. Manalo, PSREI Treasurer, will chair the Program Committee and based on her track record she promises to give us an unforgettable Fellowship Night celebration. Dr. Carmencita B. Tongco, our society's secretary, head of the credentials committee, is a known pillar to the organization.

Dr. Romana G. Borromeo, Board member will chair the committee on Amendments. Being a dynamic society, the PSREI needs to update our Constitution to answer the demands of the modern day trends in the practice of Reproductive Endocrinology and Infertility.

Realizing the responsibilities that accompany the assumption of the presidency of our society, I need no less than a genuine personal commitment not only to support the society's aim to achieve its goals but to leave behind a Legacy that could make a lot of difference.

Allow me therefore to announce the formation of an Art for Research PROGRAM. This involve the commitment on my part to donate P 50,000 per year and this envision to support the cash awards for the winning entries for a period of eight (8) years from 2003 to year 2010 for the prizes for two of our Annual contest namely FELLOWS' RESEARCH PAPER CONTEST and the PSREI INTERESTING CASE PRESENTATION.

At this point, I would like to welcome you all to join the society in this year's activities to enrich our knowledge and skills in our chosen field of sub specialization and to rekindle the flame of friendship and camaraderie.

Let me end this message with two phrases that best describe the feelings I have at the moment. "A Legacy is really nothing more than just a Life well lived, a Vision shared and Plans well made" and "Success is not something to wish for, its something you plan towards the acquisition of achievable goals".

PSREI Board of Directors, 2003



Rogelio P. Mendiola, MD
President



Santiago A. Del Rosario, MD
Vice President



Carmencita B. Tongco, MD
Secretary



Eileen M. Manalo, MD
Treasurer



Gilda G. Martinez, MD
Auditor



Virgilio M. Novero Jr., MD
P.R.O



Romana G. Borrromeo, MD
Board Member

Calendar of Local & International REI-related Scientific Meeting

LOCAL:

19 July 2003

PSREI 4th Midyear Postgraduate Course
EDSA Shangri-La, Hotel,
Mandaluyong City

10-11 September 2003

PSREI 9th Annual Convention
EDSA Shangri-La Hotel,
Mandaluyong City

INTERNATIONAL:

11-14 May 2003

The Baboon as a Model for the Study of Human Reproduction – Nairobi, Kenya
Vesselina Kirilova, Serono
Symposia International
Tel: +39 06 70384 577 - Fax: +39 06 70384 569 – Email:
Vesselina.Kirilova@serono.com

29 June – 2 July 2003

19th Annual Meeting of the ESHRE. Spain
Venue: Madrid
Tel: +32 02 2690969 – Fax: +32 02 2695600

11-16 October 2003

59th Annual Meeting of the ASRM
San Antonio Convention Center, San Antonio Texas ASRM
Tel: +1 205-978-5000 – Fax: +1 205-9778-5018 Email: asrm@asrm.org

23-28 May 2004

IFFS 18th World Congress on Fertility and Sterility Congress Secretariat:
Felicissimo & Associates Inc. –205 Avenue Viger West, Suite 201 – Montreal Quebec-Canada H2Z 1G2
Tel.: +1 514 874 1998 – Fax: +1 514 874 1580 Email:
info@iffs2004.com -Website:
www.iffs2004.com

PSREI NEWS AT A GLANCE

Amendments to the PSREI Constitution

Dr. Romana G. Borromeo, Committee on Amendments chairperson, has released the following proposed amendments to the present constitution of the society. All are encouraged to take note of their comments regarding the given amendments which may be discussed in detail during the September 2003 convention before final voting and approval is given by the entire collegial body

ORIGINAL ARTICLE:

Article VIII. Section 2. COMMITTEE MEMBERS.

Each committee shall be composed of a Chairman, and four (4) members to be appointed by the President and approved by the Board of Directors. The members may be recommended by the chairman. The committee chairman and members shall hold office for one year.

PROPOSED AMENDMENT:

Article VIII. Section 2. COMMITTEE MEMBERS.

Each committee shall be composed of a Chairman, and four (4) members to be appointed by the President and approved by the Board of Directors. The members may be recommended by the chairman. Committee chairman and members may be appointed every year for a maximum of three years.

Research and Interesting Case Contests Set

Research Forum Chair Dr. Virgilio Novero, Jr. announces the holding of the annual Research Contest and the Residents' Interesting Case Contest during the Annual PSREI Convention on September 11, 2003 at the EDSA Shangrila Hotel. Cash prizes of P12, 000 for first place, P7, 000 for second place and P5, 000 have been earmarked for each of the two contests. Deadline for the submission of entries have been set on August 15, 2003.

Scientific Poster Contest

The PSREI through its Research Committee has recently launched a Scientific Poster Contest which will be held during the PSREI Annual Convention at the EDSA Shangrila Hotel on September 11, 2003. With the theme "Innovative Ideas in Reproductive Endocrinology and Infertility in the Philippine Setting", the contest hopes to focus on innovative ideas in REI that may be of particular benefit in the Philippine setting.

All obstetrician-gynecologists, whether fellows, residents or consultants, may join in this inaugural contest. Interested parties must signify their intention to participate to the Research Committee through the PSREI secretariat on or before September 3, 2003. Cash prizes of P12000 for the first placer, P7000 for the second placer, and P5000 for the third placer have been earmarked.

PSREI Yahoo E-group Started

To facilitate the dissemination of information within the society, Dr. Virgilio Novero, Jr., PRO of the PSREI, has recently opened an electronic group (egroup) within Yahoo. Once organized in full gear, Dr. Novero believes that a variety of other activities may be accomplished in this system of communication. Aside from informing the membership of important news events, mini newsletters may also be created and pictures of the various activities may also be shared. Reminders of various dates from scientific meetings to birthdays of members may be electronically set.

To avail of this service, all members who have provided email addresses to the secretariat will be invited to join the egroup. The members must respond to the yahoo notice and should follow the instructions given before membership to the egroup is formalized. Members who have not given an email address or have not given their updated email address to the secretariat may do so to be invited to the PSREI egroup. Others who wish to subscribe to this egroup themselves may type "groups.yahoo.com/group/psrei" via the internet and then follow the steps for subscription. Response to your application will be given asap.

PSREI Written and Oral Exams

The written and oral examinations of the PSREI have been set on August 17 and 24, 2003, respectively, at the Chairman's Office of the Department of Obstetrics & Gynecology at the UP-PGH Medical Center. This examination is open to all certified fellows and diplomats of the POGS of high standing and has completed training in approved training programs in Reproductive Endocrinology and Infertility locally or abroad. For more details, please contact the PSREI Secretariat at 920-9565 or Dr. Greg B. Pastorfidie at 844-1501. Successful examinees will be inducted into the society during the annual convention on September.

THE PSREI NEWSLETTER

Editor-in-chief	: Dr. Virgilio M. Novero Jr.
Pictures	: Dr. Rogelio P. Mendiola
Secretariat	: Ms. Sarah Jane C. David
	G/F POGS Building 56 Malakas St.,
	Diliman, Quezon City

This newsletter is the official publication of Philippine Society of Reproductive Endocrinology and Infertility, Inc. It is printed quarterly and distributed to the members of PSREI.

TENTATIVE PROGRAM FOR PSREI 9TH ANNUAL CONVENTION EDSA SHANGRI-LA HOTEL SEPTEMBER 10-11, 2003

SEPTEMBER 10

- 7:00 AM - Registration
- 8:00 AM - Opening Ceremonies
 - Entrance of Colors
 - National Anthem - Dr. Eileen M. Manalo
 - Invocation - Dr. Ma. Trinidad R. Vera
 - Formal Opening of the Convention - Dr. Rogelio P. Mendiola
 - Welcome Remarks - Dr. Santiago A. Del Rosario
 - Opening of the Exhibits -

SESSION I

- 9:00 - 9:30 - PCOS: More than Just an Infertility Issue
Dr. Lilia P. Luna
- 9:30 - 10:00 - Ovulation Induction
Dr. Greg B. Pastorfide
- 10:00 - 10:30 - Open Forum / Coffee Break
- 10:30 - 11:00 - Optimization of GnRH Antagonist Protocols
Dr. Lee Wei Hong
- 11:00 - 11:30 - Current Thoughts on Early Pregnancy Loss
Dr. Rosalinda B. Arceo
- 11:30 - 12:00 - Open Forum
- 12:00 - 2:00 - Lunch Symposium - Organon Philippines
Convenience and Flexibility in ART
Dr. Costas Papadopoulos
- Lunch Break

SESSION II

- 2:00 - 2:30 - Review of Philippine Studies on Male Infertility
Dr. Virgilio M. Novero



Scientific committee from top Dr. Rosalinda B. Arceo, Dr. Florante Gonzaga, Dr. Carmencita Tongco, Dr. Virgilio Novero Jr., Dr. Leonardo Almeda, Dr. Rogelio Mendiola, Dr. Santiago Del Rosario, Dr. Lilia Luna, Dr. Corazon Lim and Dr. Trinidad R. Vera. Not in picture is Dr. Delfin Tan, Dr. Eileen Manalo, Dr. Greg Pastorfide, and Dr. Romana Borromeo

- 2:30 - 3:00 - Use of Progestin & Progesterone in Endometriosis
Dr. Eileen M. Manalo
- 3:00 - 3:30 - Open Forum / Coffee Break
- 3:30 - 4:00 - Malpractice and OB-GYN Ethical Issues
Dr. Santiago A. Del Rosario
- 4:00 - 6:00 - Interesting Case Presentation Contest
Awarding of Certificates and Cash Prize for the winners

SEPTEMBER 11**SESSION III**

- 9:00 - 9:30 - Selecting the Optimal Ovulation Induction Protocol for the Patient Undergoing IVF
Dr. Leonardo A. Almeda
- 9:30 - 10:00 - GnRH Analogue for the year 2003 in Cancer and Human Reproduction
Dr. Florante P. Gonzaga
- 10:00 - 10:30 - Open Forum / Coffee Breaks
- 10:30 - 11:00 - Serono Speaker
- 11:00 - 11:30 - Serono Speaker
- 11:30 - 12:00 - Open Forum / Coffee Break
- 12:00 - 1:30 - Lunch
Business Meeting

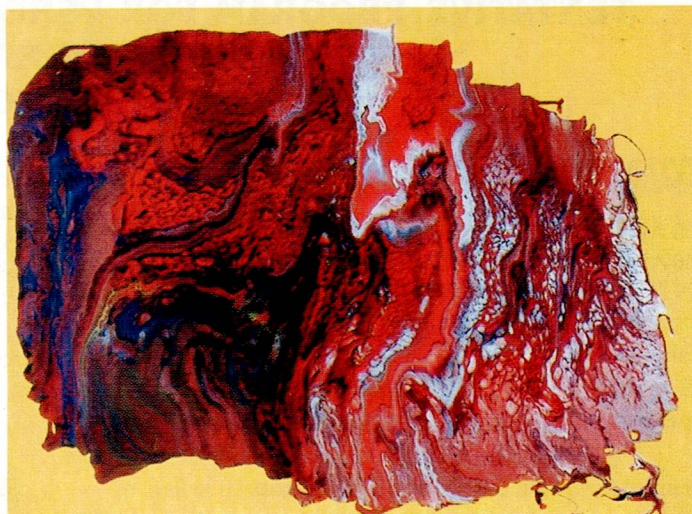
SESSION IV

- 2:00 - 2:30 - Puberty
Dr. Corazon T. Lim
- 2:30 - 3:00 - Ultrasound in Infertility
Dr. Ma. Trinidad R. Vera
- 3:00 - 3:30 - Open Forum / Coffee Break
- 3:30 - 4:00 - Endoscopy in Reproductive Medicine
Dr. Blanca C. De Guia
- 4:00 - 4:30 - Pitfalls in Laparoscopy/Hysteroscopy
Dr. Delfin A. Tan
- 4:30 - 5:00 - Open Forum
- 5:00 - 7:00 - Fellowship Night
Induction of Officers Y2004



Mendiola Launches “Art for Research” Program

Dr. Rogelio P. Mendiola, PSREI President for 2003 and Art-lover extraordinaire, has recently pledged an annual



donation of at least P50,000 per year for the next 8 years. This donation, He envision, will come from the regular sale of some of his original paintings. This he hopes will completely cover the expenses intended for the cash award for the conduct of the two annual psrei contest-Fellows' Research contest and the PSREI Interesting case contest.

Mendiola has noted in recent years that the solicitation of prizes from various sponsors has become increasingly difficult this art for research program therefore will fully solve that problem.

Mendiola thinks that the sale of his art paintings will benefit another form of Art that is the art of scientific research.



Incoming PSREI President, Dr. Rogelio P. Mendiola giving check worth P12, 000 to the outgoing president Dr. Lilia P Luna during the turn over ceremonies last December 6, 2002.

