



PSREI NEWSLETTER

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PHILIPPINE SOCIETY OF REPRODUCTIVE ENDOCRINOLOGY AND INFERTILITY, INC.

- **Workshop on Standardized Semen Analysis Reporting Slated this October**
- **Practical Guide to Male Infertility coming soon!**
- **IFFS 20th World Congress in Fertility and Sterility**

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Midyear Confab Opens Today

The Philippine Society of Reproductive Endocrinology and Infertility (PSREI) revives its midyear activity after a 2-year absence by welcoming all delegates to its 9th Midyear Convention at the Bayanihan Center, Unilab, Pasig City today June 23, 2010. With its theme "The Experts Speak: Back to Basics, Onward to Innovations", a course of 9 lecture topics ranging from basic to innovative REI topics are on tap to provide interesting discussions on the chosen relevant issues. Local speakers from the PSREI and the related specialties have been invited for this year's convention. PSREI president Virgilio Novero, Jr. and Midyear Convention Overall Chairman Dr. Noel Raymundo will lead today's activities.

MESSAGE FROM THE PRESIDENT



As I reach the halfway point of my leadership of the society in 2010, I would like to welcome everyone to this year's 9th PSREI Midyear Convention with its theme "The Experts Speak: Back to Basics, Onward to Innovations". After an absence of two years, we have revived the holding of the midyear meeting. Dr. Noel Raymundo, Chair of the Organizing committee and Dr. Lyra Chua, Scientific Program chair who is also a past PSREI president, have prepared a set of lecture topics which I'm sure all participants will find very interesting and relevant in their respective medical practices in the field of reproductive endocrinology and infertility. Basic topics such as those in infertility work up,

AUB, and ovulation induction or topics on innovative technology such as acupuncture, IVF, and aesthetic surgery are just among the topics included in the program. These topics were carefully crafted to supplement the planned topics for the Annual PSREI Convention to be held this coming October.

Aside from the scientific component of this midyear convention, we would like to invite all members to attend the fellows' business meeting at lunchtime where the activities for the year shall be reviewed for everyone's reference. Updates on the Annual Convention, a Male Infertility symposium, suggested revisions on the constitution, collaborative research with the Philippine Society of Pathologists and PAMET, and progress on the PSREI's book project for the year 'A Practical Guide to Male Infertility', shall be discussed. Finally, I would like to ac-

Workshop on standardized Semen Analysis Reporting slated this October

The first-ever Workshop on Semen Analysis based on International guidelines has been set this October 16 dove-tailed with the Annual PSREI Convention scheduled this October 13-15, 2010. A WHO-endorsed and DOH-endorsed undertaking, this workshop was designed to counteract the scarcity of properly conducted semen analysis reports based on WHO and/or Kruger criteria which have been in place over the past two decades. Professor Daniel Franken of South Africa, one of the world's leading experts in andrology and among the most sought after trainers in proper Semen Analysis reporting, will conduct the workshop as he has done in dozens of countries all over the world. Pathologists, medical technologists, and interested clinicians especially gynaecologists and urologists will be invited to participate in this pioneering undertaking to finally standardize semen analysis reporting in the country. As most REI specialists know, literally only a handful of laboratories follow international standards for semen analysis reporting, the country's biggest medical institutions and laboratories included. Once such is successfully conducted, the efficiency in the treatment not only of male infertility but infertility in general in the country is expected to be improved.

All interested parties may inquire with the PSREI secretariat for reservations as slots are very limited.

continuation message from the president.....

knowledge the help of United Laboratories and its two most supportive divisions, Biomedis and Biofemme, for going out of its way to completely sponsor this year's Midyear Convention. With their help, a big part of the usual headaches in organizing such a meeting has been resolved beforehand.

With all these in place, let us all congratulate the organizing committee for surely a successful turnout and Unilab, the sole sponsor of the Midyear Convention, for its continuous support to the PSREI. I'm sure everyone attending shall feel better REI practitioners at the end of the day

Male Infertility book in the works

The PSREI will be coming out later this year with a reference book, *A Practical Guide to Male Infertility*. Designed to follow the *Consensus Statements on Endometriosis* (2008) and the *Consensus Statements on Polycystic Ovary Syndrome* (2009), this book is being prepared to serve as a guide for the local REI community where there is a paucity of reference materials on the subject matter. With a target release in October 2010

during the society's annual convention, the book will cover various subtopics in male infertility from basic science topics as male reproductive anatomy and physiology, genetics, and immunology to relevant clinical topics as varicocele management, intrauterine insemination, and IVF-ICSI as treatment modalities in cases of male infertility. It is of great interest to know that at least three of the crucial chapters will be written by known international

experts on male infertility, with the remaining chapters ably handled by local REI experts. Among those who have agreed to write portions of the book include Prof. Paul Devroey and Prof. Herman Tournaye, both from the Free University of Brussels, and Prof. Daniel Franken of South Africa, one of the foremost experts in semen evaluation. Current PSREI President and local specialist in male infertility, Dr. Virgilio Novero, Jr., will serve as book editor.



ILOILO OUTREACH PROGRAM CONDUCTED

This year's PSREI outreach program got off to a good start last June 12, 2010 as the Iloilo leg was successfully conducted at the Days Hotel with a heavy attendance of 79 participants. Dr. Evelyn Lacson, POGS regional director, officially opened the program with her welcome remarks. Dr. Lydella Fervivo, POGS chapter president, was also present and gave a cordial message. The course overview was given by Dr. Noel Raymundo who represented the PSREI president, Dr. Virgilio Novero, Jr. who was not available.

Lectures on four of the most common REI disease entities encountered by general obstetricians were prepared. Dr. Rudie

Frederick B. Mendiola started the course with a lecture on Abnormal Uterine Bleeding followed by a lecture on Pelvic Endometriosis given by Dr. Angela S. Aguilar. Dr. Marlyn T. Dee lectured on the proper Work-up of Infertile Couple. The final lecture on Ovulation Induction for the General OB-GYN was delivered by local PSREI stalwart Dr. Rey Castillo. A lively open forum was moderated by Dr. Marie Faith Villaruth. An actual case was discussed and a consensus was reached on its proper management. Merck, Sharpe, & Dome sponsored the undertaking.

Three more PSREI outreach courses are scheduled before the year ends.

SPEAKERS



Dr. Angela Aguilar



Dr. Marlyn T. Dee



Dr. Rudie Frederick Mendiola



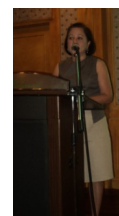
Dr. Rey Castillo



Dr. Noel E. Raymundo



Dr. Evelyn Lacson
POGS Regional Director
Western Visayas



Dr. Lydella Servio
POGS Chapter President
Western Visayas



Dr. Marie Faith Villaruth

Residents Interesting Case and Research Paper Contest set

Research Committee Chair Dr. Gilda G. Martinez announces the holding of the annual Research contest and the Residents' Interesting Case Contest during the Annual PSREI Convention on October 13-14, 2010 at the Diamond Hotel, Manila. Cash prizes of P12,000 for first place, P7,000 for second place, and P5,000 for third place have been earmarked for each of the two contests. Deadline for the submission of entries have been set on August 28, 2010.

PSREI Written and Oral Exams

The written and oral examinations of the PSREI have been set on September 15 and 22, 2010. This examination is open to all certified fellows and diplomates of the POGS of high standing and has completed training in approved training programs in Reproductive Endocrinology and Infertility locally or abroad. For more details, please contact the PSREI Secretariat at 920-9565 or Dr. Florante P. Gonzaga at 631-3896. Successful examinees will be inducted into the society during the annual convention on October.

Collaborative Research with PSP and PAMET eyed

A collaborative research study has been forged by PSREI with the Philippine Society of Pathologists (PSP) and the Philippine Association of Medical Technologists (PAMET) regarding the state of semen analysis reporting in the country. PSREI President Dr. Virgilio Novero, Jr. in separate communications and meetings with PSP President Dr. Lagamayo and PAMET President Leila Florento, confirmed that a research survey on semen analysis reporting variations in the country is the first step in assessing the need to standardize this supposedly 'routine' test for male infertility. Results of the collaborative research will form the basis for the conduct of the need to standardize Semen Analysis in the country to increase efficiency in infertility treatment.

IFFS 20TH WORLD CONGRESS ON FERTILITY AND STERILITY

September 12-16, 2010, Munich Germany

The 20th World Congress on Fertility and Sterility/ International Federation of Fertility Societies is scheduled on September 12-16, 2010 in Munich, Germany. The PSREI, which is a standing and active member of the IFFS, through President Virgilio Novero, Jr. enjoins all its members to attend this congress which is held only every three years. Aside from the very interesting scientific program, revisions on the IFFS constitution and an updated report on world infertility and IVF practices will be taken up during the 5-day convention. Interested participants may contact the PSREI secretariat for group reservations to avail of discounts.

PSREI holds MAP workshop

A whole-day Management Action Planning (MAP) workshop was held last February 7, 2010 as attended by the current Board of Trustees, some past presidents, and some PSREI members/supporters at the Novero family farm in Sariaya, Quezon. With the theme *The PSREI at 16: Where do we go from here?*, the MAP workshop drew 28 participants which tackled current problems, issues, and undertakings of the PSREI along three fronts---- Governance, Service, and Research. The outputs of the MAP now serve as the possible outline of the current and future leaderships of the PSREI as it tries to be more effective in its mission and vision. PSREI president Joy Novero welcomed all to the MAP and clearly laid out the need to establish the MAP of future PSREI projects and activities. Dr. Pat Punzalan, PSREI secretary, gave a review of the accomplishments of the PSREI during the past 15 years. Dr. Angge Aguilar, PSREI secretary and MAP coordinator, overlooked the conduct of the MAP where members were divided into 3 groups in the morning sessions and whose recommendations were taken up during a plenary discussion in the afternoon session. Membership, terms of office, competency and safety of practice, and increased emphasis on REI research were among the hot key issues discussed. Many of the currently proposed constitutional amendments have stemmed from the discussions at the MAP.

Merck-Serono served as sponsor of the MAP.



AMENDMENTS TO PSREI CONSTITUTION PROPOSED

The Committee on Amendments, led by its chair Dr. Leonardo A. Almeda, has proposed the following amendments to current constitution of the PSREI based on the results of their meeting held last June 9, 2010. All PSREI members are encouraged to give their inputs and comments ahead of time to allow a full discussion of the issues surrounding the proposals. PSREI President Dr. Virgilio Novero Jr. has given the go-signal to set up a running debate/ discussion in the net. Among the most noticeable amendments proposed is the proposal changing the term of office of the president and other officers.

The final voting on the proposals will be taken up during the Annual Business meeting of the PSREI during the Annual Convention scheduled on October 13-16, 2010.

CURRENT CONSTITUTION AND BY-LAWS		PROPOSED AMENDMENT
<u>Article III, Section 1: d) Committee on Research and Development</u>		<u>It shall promote and support scientific activities in research and development in the filed of reproductive endocrinology and infertility.</u>
Article III, Section 1:h) Committee on Election		<u>It shall formulate and enforce the procedure on elefion of board of directors & officers.</u> <u>Members of the committee shall be past president of the society.</u>
<u>Article III, Section 1: i) Committee on Nomination</u>		<u>It shall formulate the criteria & procedure for the nominees of the board of directors and officers of the society.</u> <u>Members of the committee shall be past president of the society.</u>
Article V, Section 3: Term of Office of Board of Directors	The members of the Board of Directors shall hold office for one (1) year and until their successors are duly elected and qualified.	The members of the Board of Directors shall hold office for <u>two (2) years</u> and until their successors are duly elected and qualified.
Article VI, Section 2: Term of Office of Officers	Officers of the Society shall hold office for one (1) year and until their successors are duly elected and qualified.	Officers of the Society shall hold office for <u>two (2) years</u> and until their successors is duly elected and qualified.
<u>Article VI, Section 3: Eligibility for Re-election</u>		A previously elected officers may seek re-election for a maximum of 2 terms provided that interval between the first election and subsequent re-election should be more than 3 years.
<u>Article VII, Section 4: Treasurer</u>		<u>The treasurer shall render annual financial report during the annual business meeting</u>
Article IX, Section 2a: Functions of the Certifying Board	The Board shall accredit fellowship or other training programs in reproductive endocrinology and infertility. It shall formulate the rules and regulations necessary in the pursuance of this functions.	The Board shall accredit fellowship or other training programs including partnerships or consortia of institution in reproductive endocrinology and infertility. It shall formulate the rules and regulations necessary in the pursuance of this function.

16TH ANNUAL CONVENTION October 13-16, 2010, Diamond Hotel, Manila

DAY 1, October 13

SESSION 1: USHERING IN THE FUTURE OF REI IN THE PHILIPPINES

- Meeting the Challenges in Reproductive Medicine in the Next Decade
- Visions for Reproductive Medicine in the Philippines

SESSION II: STRATEGIES IN OVULATION INDUCTION

- Step up vs Step down: Which is Better in Single Ovulation Induction Protocol
- The Value of Ovulation Triggers in Ovulation Induction
- Luteal Phase Support after Ovulation Induction

SESSION III: REPRODUCTIVE MEDICINE AND BEYOND

- Clinical applications of Stem Cell Therapy in REI
- Genetics in Reproductive Medicine
- Integrative Medicine in Infertility

SESSION IV: REPRODUCTIVE HEALTH CONCERNS OF WOMEN IN THE PERIMENOPAUSE

- Fertility Issues in the Perimenopausal Years
- Contraception for the Perimenopausal Woman

DAY 2, October 14

SESSION V: PRESENT STANDARDS AND UPDATES IN PCOS

- PCOS: The PSREI Consensus
- New Management Options in Obesity for the PCOS patient

SESSION VI: REI RESEARCH IN THE AGE OF EVIDENCE BASED MEDICINE

- Need for Research in REI
- Presentation of Winning Research Papers
- Presentation of Winning Interesting Case Reports

SESSION VII: COMMON GYNECOLOGIC PATHOLOGIES AFFECTING FERTILITY

- Endometriosis Induced Infertility
- Adenomyosis and its Impact on Reproduction
- Management of Endometriosis and Adenomyosis

SESSION VIII: ART IN THE ASIAN SETTING

- Laboratory Studies in ART
- Simplifying IVF – the Asian Experience
- Towards a more patient friendly stimulation in ART

DAY 3 (AM), October 15

MALE INFERTILITY SYMPOSIUM FOR CLINICIANS

- Laboratory Issues in the Management of Male Infertility
- Is there a Role for Medical Management in Male Factor Infertility?
- Intrauterine Insemination and its Place in the Management of Male Infertility

Annual convention preparations on sked...

Preparations for this year's Annual PSREI Convention are in full swing, according to Vice President and Annual convention Chair Dr. Enrico Gil Oblepías. Scheduled at the Diamond Hotel on October 13-14, 2010, a half-day Symposium on Male Infertility on October 15 and a whole-day Workshop on Semen Analysis based on international standards on October 16 has been set. At least three world renowned foreign speakers have been tapped to grace this year's annual convention. A tentative program of scientific lectures have been proposed. This year's theme for the Annual convention is "PSREI 2010: Meeting the Challenges of the Next Decade".

- Surgery vs ART: Issues in Male Infertility: An Evidence-Based Approach
- Male Infertility and Assisted Reproductive Technology: State-of-the-Art
- Round Table Discussion on Selected Cases
- INDUSTRY SPONSORED LUNCH (MSD)

DAY 4, October 16

MALE INFERTILITY WORKSHOP FOR LABORATORY TECHNOLOGISTS

Prof. Daniel Franken

SEMEN ANALYSIS

Semen Analysis: An Overview
The Wet Preparation
Sperm Concentration
Sperm Motility
Sperm Vitality
Sperm Antibodies
Identification of Round Cells in Semen
Preparation Methods of Sperm for IUI, IVF and ICSI

SPERM MORPHOLOGY

Pre-training evaluation
Post-training session
Lectures:
What is Normal Spermatozoon?
Clinical Value of Sperm Morphology
Leucocytes in Semen

Editor's Corner



The Lost Art of Caring

Angela S. Aguilar, MD

Swearing before Apollo, the healer god, and Aesculap, the Greek, since elevated to demigod status for the honorable practice of medicine, Hippocrates, to whom we owe our oath, have since reminded us that before we endeavor to cure, we must first do no harm.

In the oath's modern version, we are further reminded that we, as physicians—"(should) remember that there is art to medicine as well as science, and that warmth, sympathy, and understanding may outweigh the surgeon's knife or the chemist's drug."

In our sometimes single-minded pursuit of the goal of achieving a pregnancy, we are sometimes guilty of the benign neglect of our patients. From omitting to warn them of the side effects of ovulation drugs—even if minor or transient—to risking life-threatening complications of hyperstimulation. Sometimes, when coaxing an egg out of a patient or a pregnancy out of couple, we seem to be beating an already tired horse. And we have not even begun to discuss the more "Machiavellian" methods being employed—not just in India, mind you.

This is not to mention the toll it takes not only on the couple's financial resources but also on their emotional well being as well. We, by way of counseling, should do more to support our patients, through the rough times of treatment and its outcomes, be it failure or success. Our practice in the Philippines could stand some improvement. Our nurses, secretaries, or associates, often the only other personnel present in our clinics, are not professionally equipped to provide support for couples undergoing treatment under our care. Not everybody is prepared to spend an additional thirty minutes of our precious clinic time to help a patient cope with a miscarriage, or to lend an ear when our patients discuss their marital difficulties or even elicit an unvolunteered erectile dysfunction. We should endeavor to acquire professional training as well as additional personnel to fill this gap in our patient care.

Better outcomes should also mean better care for the well-being for our patients, not just better pregnancy rates.

THE PSREI NEWSLETTER

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INTERNATIONAL CONGRESSES

July 01, 2010 Italy / Rome
PREIMPLANTATION GENETIC
DIAGNOSIS
Contact: ESHRE Central Office
Tel: 011-32-2-269-0969
Fax: 011-32-2-269-5600
Email: info@eshre.com
Website: www.eshre.com

July 16-18, 2010 USA / Massachu-
setts / Boston
GYNECOLOGIC ONCOLOGY
GROUP SEMI-ANNUAL MEETING
Contact: Gynecologic Oncology Group
Tel: 215-854-0770
Email: meeting_req@gog.org
Website: www.gog.org/
meetinginformation.html

September 01-04, 2010 USA / New
York / New York
19TH ANNUAL MEETING AND ENDO
EXPO 2010 OF THE SOCIETY OF
LAPAROENDOSCOPIC SURGEONS
Contact: Connie Cantillo, Society of
Laparoendoscopic Surgeons
Tel: 800-446-2659 Fax: 305-667-
4123
Email: conferences@sls.org
Website: www.sls.org

September 09-11, 2010 Russia /
Moscow
5TH WORLD CONGRESS OF
WORLD ASSOCIATION OF REPRO-
DUCTIVE MEDICINE (WARM)
Contact: S.Yakovenko, Russia Secre-
tariat
Tel: 011-7-495-790-9018
Fax: 011-7-499-317-0984
Email: secretariat@warmonline.org
Website: www.warmonline.org

September 23-26, 2010 Australia /
Sydney
14TH AUSTRALASIAN MENO-
PAUSE SOCIETY CONFERENCE
Contact: Brigitte Dumpich, Tour
Hosts Pty Ltd
Tel: 011-61-2-9265-0700 Fax: 011-
61-2-9267-5443
Email: menopause@tourhosts.co
m.au
Website: www.menopause.org.au

October 06-09, 2010 USA / Illi-
nois / Chicago
2010 ANNUAL MEETING OF THE
NORTH AMERICAN MENOPAUSE
SOCIETY (NAMS).
Contact: NAMS Tel: 440-442-
7550 Fax: 440-442-2660
Email: info@menopause.org Web
site: www.menopause.org

October 10-13, 2010 Australia /
Adelaide
FERTILITY SOCIETY OF AUSTRA-
LIA 2010 ANNUAL CONFERENCE
Contact: Waldron Smith Manage-
ment, Conference Managers
Tel: 011-61-3-9645-6359 Fax: 011-
61-3-9645-6322
Email: kimo@wsfm.com.au
Web-
site: www.fertilitysociety.com.au

October 18-20, 2010 Australia /
Sydney
2010 AUSTRALIAN SEXUAL
HEALTH CONFERENCE
Contact: Conference Secretariat
Tel: 011-61-2-8204-0770
Fax: 011-61-2-9212-4670
Email: info@sexualhealthconferen
ce.com.au
Web-
site: www.sexualhealthconference.com.au

October 23-27, 2010 USA /
Colorado / Denver
66TH ANNUAL MEETING OF
THE AMERICAN SOCIETY FOR
REPRODUCTIVE MEDICINE
(ASRM).
Contact: ASRM Tel: 205-978-
5000 Fax: 205-978-5018
Email: asrm@asrm.org Websit
e: www.asrm.org

November 04-07,
2010 Germany / Berlin
13TH WORLD CONGRESS ON
CONTROVERSIES IN OBSTET-
RICS, GYNECOLOGY & INFER-
TILITY (COGI)*
Contact: ComtedMed Tel: 011-
97-23-566-6166 Fax: 011-97-23-
566-6177

Email: cogi@comtedmed.com
Web-
site: www.comtedmed.com/cogi/berlin

October 07-12, 2012 Rome,
Italy
XX INTERNATIONAL FEDERA-
TION OF GYNECOLOGY AND
OBSTETRICS
WORLD CONGRESS OF GY-
NECOLOGY AND OBSTETRICS
(FIGO)
Contact: Meetings Department,
FIGO House, Suite 3 - Waterloo
Court,
10 Theed Street, London SE1
8ST, United Kingdom
Tel: +44-20-7928-
1166
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