



Philippine Society of Reproductive Endocrinology and Infertility, Inc.

NEWSLETTER

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Welcome Participants!

Marlyn T. Dee, MD

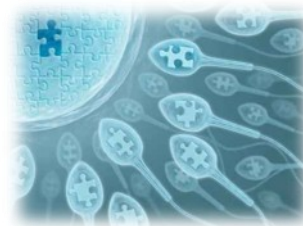


On behalf of the President, PSREI Board members and the Organizing Committee, welcome to the 17th Annual Convention. With its theme: Issues, Updates and Challenges" in REI, the Scientific Committee chaired by Dr. Eileen Manalo and her members, has prepared an outstanding

program that consists of a diverse blend of reproductive science and practical clinical sessions which will provide "take

home" information for your practice.

We are very fortunate and honored that aside from our respected local experts, four world-renowned speakers namely Dr. Kumar Iswaran, Dr. Robert John Norman (keynote speaker), Dr. Fady



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Message from the President

Enrico Gil C. Oblepias, MD

Greetings!

Welcome to PSREI's 17th Annual Convention. The Organizing Committee Chair and PSREI Vice-President Dr. Marlyn T. Dee and Scientific Committee Chair Dr. Eileen M. Manalo prepared for October 5 and 6 a comprehensive two day program with **Issues, Updates, and Challenges in REI** as its theme. This year, guest lecturers Prof. K. K. Iswaran (Malaysia), Prof. Robert John Norman (Australia),

Prof. Fady Sharara (USA), and Prof. Teraporn Vutayanicht (Thailand) have graciously accepted the society's invitation to come over and share their professional expertise with us.

The fellowship night organized by the Socials Committee headed by Dr. Conception Ila-Oreta promises to be fun-filled get-together as **PSREI Goes Arabian**.

On October 7, a one day **Workshop on Assisted Re-**

productive Techniques will follow. During this workshop, PSREI's leading and upcoming IVF experts come together to share pointers on all the important aspects of ART.

To all the lecturers and all the members of the organizing committees of the Annual Convention, I would like thank you all for the self-less participation and hard work. To our ever supportive sponsors, to you more power.

Continued on page 8.

PSREI ADMINISTRATIVE MANUAL

PSREI now has an Administrative Manual thanks to Dr. Patricia P. Punsalan who single-handedly prepared it - a task she started last year as PSREI Secretary during Dr. Virgilio M.

Novero Jr.'s term as PSREI President. The present Board of Directors reviewed it and approved it after consultation of the Committee on Nomination and Election chair Dr. Ma. Trinidad

R. Vera who suggested implementation in 2012. This will certainly be a great assistance to the incoming Board of Directors and Committee chairs.

PSREI ETHICS AND PRACTICE GUIDELINES

WORKSHOP HELD

A workshop was held July 25, 2011 at the Diamond Hotel conducted by the PSREI Committee on Ethics chair Dr. Santiago del Rosario to review and update the *2006 Guidelines on the Ethics and Practice of Assisted Reproductive Technology & Intrauterine Insemination*. In attendance were the present members of the Board of Directors and the past PSREI presidents. The discussions were highlighted by with the participation of guests Dr. Marita V. T. Reyes, Atty. Albert D. Rebosa and Dr. Ma. Corazon Zaida N. Gamilla as they shared their thoughts on the subject matter as a bioethicist, a lawyer and a stakeholder respectively to give added perspective.

The output of the said workshop resulted in the addition of four new ethical guidelines and the changing in the position of two. The

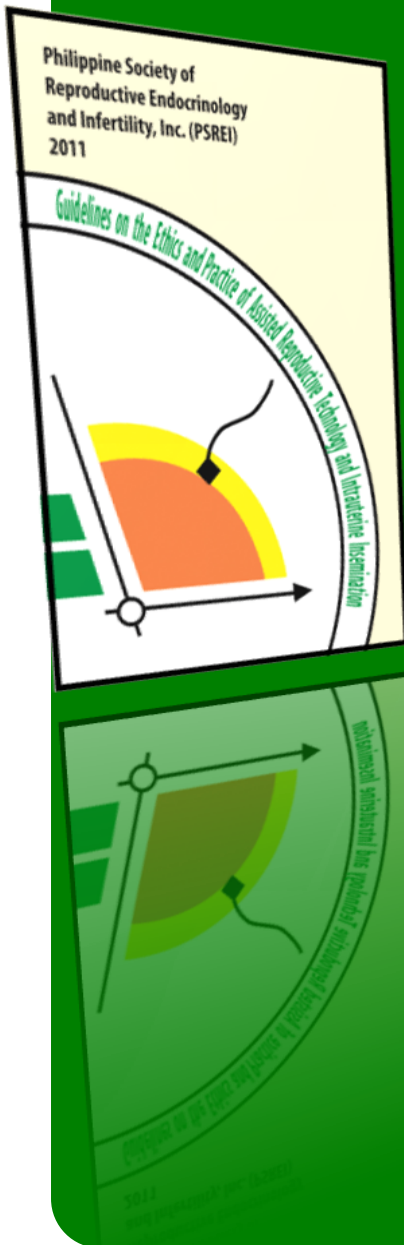
rest were deemed still applicable and were either retained as is or modified slightly. Later, in the same week that PSREI had our ethics workshop, the Philippine Obstetrical and Gynecological Society (POGS) presented their own revisions to the mother society's *Ethical Guidelines in Obstetrical and Gynecological Practice, Medical Education, and Research* to its general membership. PSREI was very well represented during that occasion. All of POGS guidelines pertinent to the practice of ART and IUI were found to be in concurrence with that of ours.

The *ad hoc* Regulatory Board for the Practice of ART and IUI headed by Dr. Leonardo Almeda has also come out with Practice Guidelines that will be implemented soon. This aims not only to standardize the quality of ART practice in the country, but

also to monitor the standards of IVF Centers as well.

Outputs of both the Ethics Committee and ART Regulatory Board will both come out in the *Ethical Principles and Practice Guidelines on Assisted Reproductive Technology Handbook* which will be made available to members. Production of handbooks is courtesy of Cordlife Philippines.

Proposals to amend the *Society By-Laws* to have the Committee on Ethics and the Regulatory Board on the Practice of Assisted Reproductive Technology as standing committees were prepared by the Committee on Amendments chaired by Dr. Delfin A. Tan for presentation in this year's business meeting.



Welcome from page 1

Sharara and Dr. Teraporn Vutyavanich will share their expertise. This will serve as a venue for all of us to exchange information with our international colleagues.

The 3-day activities consist of a two-day intensive symposia that cover different issues and updates on AUB and PCOS, Infertility, Surgeries in Reproductive Medicine including Endometriosis, Immunology in Reproductive Medicine and ART. Likewise, winning interesting papers and researches will be presented by the fellows in training as the society encourages its members to be research-oriented. To cap the festivities on

the first day, is a fellowship night entitled "Arabian Nights with PSREI" which will showcase the multifaceted hidden talents of our colleagues with their beautiful costumes, and an opportunity for us to unwind and exchange pleasantries. The third day is an intensive workshop on ART.

To the participants, we present to you the **issues** and the **updates**. The **challenge** is for you to improve the care of our patients, which run parallel to the goals of the society.

Again, welcome and good day.

CME OUTREACH GOES TO BOHOL AND DAVAO

The CME Caravan for the second half of the year went to Bohol and Davao. Last July 16, forty-five participants attended the third of the six part series of PSREI Outreach programs at the Bohol Tropics Resort, Tagbilaran City, Bohol. The course overview was given by Dr. Noel E. Raymundo, chair of the outreach program. Dr. Anna Belen I. Alensuela gave a lecture on the "WHO Medical Eligibility Criteria for Contraceptive Use", Dr. Gladys Tanangonan on the topic "Work-up of the Infertile Couple", Dr. Regina Paz Tan-Espiritu on the topic "Abnormal Uterine Bleeding", Dr. Rudie Frederick B. Mendiola on the topic "Ovulation Induction",

and Dr. Noel E. Raymundo on the topic "Pelvic Endometriosis".

The fourth outreach for this year was held at the Waterfront Insular Hotel, Davao City, there were 85

participants in attendance. The local society led by Dr. Amelia A. Vega welcomed the delegation. Dr. Ma. Lourdes R. Abeleda gave a lecture on "PCOS", Dr.

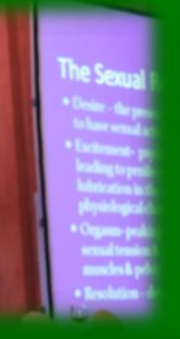
Danilo Jose T. Milla on the topic "Work-up of the Infertile Couple", Dr. Romerico Torres on the topic "Abnormal Uterine Bleeding", Dr. Concepcion Ilao-Oreta on the topic "Ovulation Induction", and Dr. Noel E. Raymundo on the topic "Pelvic Endometriosis".

The CME Team has two more outings before the year is over. Tentative schedule is on October in General Santos; and November in Baguio City.





Midyear Convention
June 21, 2011
Diamond Hotel, Manila





**Ethics and Practice Guidelines
Workshop
July 25, 2011
Diamond Hotel, Manila**



**Bacolod Outreach
Program
May 21, 2011
Planta Centro
Bacolod Hotel
and Residences,
Bacolod City**



**Module Update Workshop
Diamond Hotel, Manila**

PSGE GRANTS PSREI REQUEST

In 2010, Dr. Virgilio M. Novero Jr. as president of PSREI requested the Philippine Society for Gynecologic Endoscopy (PSGE) to waive the requirements needed for the application of PSREI fellow members seeking Fellow Status in the PSGE.

In March 2011, PSGE president, Dr. Ma. Corazon Zaida N. Gamilla, wrote to inform the present PSREI board that they are allowing a waiver of the practical examination requirement. However the rest of the requirements remain the same.

The PSREI membership was informed through e-mail by the secretariat of the following requirements to avail of this waiver:

1. the applicant is a duly certified fellow of the PSREI
2. the applicant must submit in writing his or her petition to waive the practical examination as part of the requirements to attain fellow status in PSGE
3. the petition will be subject to the review and recommendation of the credentialing committee and to the final approval of the PSGE board

With this development, the partnership between the two societies is further cemented. For any other inquiries, please contact PSGE secretariat (psge_obgyn@yahoo.com).

UPDATES ON PUBLICATION PROJECTS

Work on the PSREI **Quick Reference Manual on Reproductive Endocrinology and Infertility** has already started. Manuscripts from authors have already started to come in. The Editorial Board headed by Editor-in-Chief Dr. Florante P. Gonzaga is optimistic the book will be out soon. This project is generously supported by Merck Sharp and Dohme Philippines.

PSREI takes pride in the fact that we are one of the few subspecialty societies with its own publication. The Editorial Board of the PSREI Journal (PJREI) headed by Dr. Ma. Trinidad R. Vera saw to it that we will come out with two issues this year. Johnson & Johnson Philippines sponsors printing of this year's second issue.

On this note, the society would like to inform its members that a catalogue of all the titles and abstracts of past publications have been started on-line as part of the interactive menu of the recently updated PSREI website (www.psrei.org). This is part of the continuing efforts of our society to make local data available to the general medical community as well as to acknowledge the scientific and research contributions of our members. For new members interested in older articles, they may request for a copy from the PSREI secretariat. Just look for Ms. Sarah David (psrei2001@yahoo.com). Hopefully, the full text of these articles will also be available on-line from our website in the near future.

Midyear Convention...

Joan Tan-Garcia, MD

Our society's midyear conference last June 21, 2011 held at Manila Diamond Hotel with a theme of "Current Concepts in Male and Female Infertility" was successful with 129 participants. In spite of the opening of classes, most of our members were able to attend along with a lot (45) of non-members. The feedback that we received from respondents was a very good scientific program being one directed to those who need an update and information regarding infertility diagnosis and treatment.

The scientific program was con-

ceptualized by our past president, Dr. Delfin A. Tan. The morning session was focused on male infertility, its factors, diagnosis, surgical and medical treatment which was ably given by Drs. Frances Monette Bragais, Dennis G. Lusaya, Paul Anthony Sunga, Virgilio M. Novero, Jr. and Joan Tan Garcia. The MSD sponsored lunch symposium was satisfactorily provided by Professor Suresh Nair, the immediate past president of the Singapore Society of Obstetrics & Gynecology. He tackled different aspects in controlled ovarian stimulation protocols, trouble shooting during IVF procedures and different strategies to improve success of ART he recommends. The

afternoon session on female infertility had Drs. Eileen Co-Sy, Sonia Castro-Rodriguez, Leonardo Almeda, Marlyn T. Dee, Delfin A. Tan, and Paul Plateau.

Professor Paul Plateau is from Brussels Free University gave a comprehensive talk on "Luteal Phase support and for first trimester threatened miscarriage" which is the launching of intravaginal progesterone product from Invida. All in all, every one who stayed up till the end of the program were satisfied. We shall aim to have similar midyear convention scientific program in the future to enhance our management of different problems of infertility.



Editor's Corner

Anna Belen I. Alensuela,

Good day, friends and colleagues!

We are now in the last issue of our newsletter for this year. Indeed, 2011 proved to be a very fruitful year for our society. Several projects of the board of under the leadership of our president, Dr. Enrico Oblepías have materialized all towards one goal: for the improvement of the society and for the benefit of its membership.

Just like the midyear conference we had, we look forward to a successful Annual Convention. The program has been mentioned in articles from Drs. Marilyn Dee and Ricky Oblepías herein.

We also take pride in reporting to the members the creation of the PSREI Administrative Manual prepared by Dr. Patria Punsalan, the details of which are also contained herein.

Most importantly, we proudly announce that the committee on Ethics revised our 2006 Guidelines on the Ethics and Practice of Assisted Reproductive Technology and Intrauterine Insemination. A workshop attended by the Past Presidents and current Board of Directors made this all possible. Finally, we thank all of our friends from the pharmaceutical industry who has always supported the society.

THE PSREI NEWSLETTER

The PSREI Newsletter is an official publication of the Philippine Society of Reproductive endocrinology and Infertility, Inc. It is printed bi-annually and distributed to the members of the PSREI.

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WELCOME NEW FELLOWS!

The Committee on Credentials and Membership chaired by Dr. Florante P. Gonzaga is pleased to announce the new fellows of the Philippine Society of Reproductive Endocrinology and Infertility. They are the following:

- | | |
|---|------------|
| 1. Marie Grace Geremillo Cruz, MD | UP-PGH |
| 2. Emma Reyes Caringal, MD | Consortium |
| 3. Mary Karen Veronica Roldan Icamina, MD | UP-PGH |
| 4. Ina Solidum Irabon, MD | UP-PGH |
| 5. Julie Del Rosario Lim, MD | Consortium |
| 6. Alma Joy Pancho Bitera-Morin, MD | UP-PGH |
| 7. Jacqueline Diaz Banatao-Pua, MD | UP-PGH |
| 8. Debby Felipe Pacquing-Songco, MD | UP-PGH |

2011 PSREI SCIENTIFIC PAPER

Committee on Research chair Dr. Ma. Antonia Esteban-Habana, announces the top 3 papers for each the Fellows' Interesting Case Report Contest and the Fellows' Research Paper Contest for oral presentation on October 5, 2011. The panel of judges is composed of Dr. Corazon T. Lim, Dr. Jeanmarie C. Salvador, and Dr. Eileen Co-Sy. The titles and synopses of each are as follows:

Interesting Case Reports :

1. Insulin-Mediated Pseudoacromegaly and Ovarian Insufficiency via a Single Enzymatic Defect: A Case Report
2. It is hard to be in a place where you do not belong" Recurrent Spontaneous Pneumothorax: A Case Report
3. A Case of 46XY Gonadal Dysgenesis (Swyer Sywer Syndrome) with Yolk Sac Tumor

Research Papers:

1. The Effect of Laparoscopic Ovarian Cystectomy on the Ovarian Reserve in Women Admitted for Endometriotic Cyst/s at a Tertiary Hospital
2. A Single-Blind Randomized Trial of Manual Pulmonary Inflation in the Postoperative Pain Management after Gynecologic Laparoscopy
3. Dinoprostone Gel for Cervical Priming Prior to Hysteroscopy: A Randomized Controlled Trial

Message from the president from page 1...

Let me take this opportunity to also update you with some of tasks we set out to do this year. A workshop was held July 25, 2011 at the Diamond Hotel conducted by the PSREI Committee on Ethics chair Dr. Santiago del Rosario to review and update the *2006 Guidelines on the Ethics and Practice of Assisted Reproductive Technology & Intrauterine Insemination*. The *ad hoc* Regulatory Board for the Practice of ART and IUI headed by Dr. Leonardo Almeda has also come out with Practice Guidelines that will be implemented soon. Outputs of both the Ethics Committee and ART Regulatory Board will both come out in the *Ethical Principles and Practice Guidelines on Assisted Reproductive Technology Handbook* which will be made available to members.

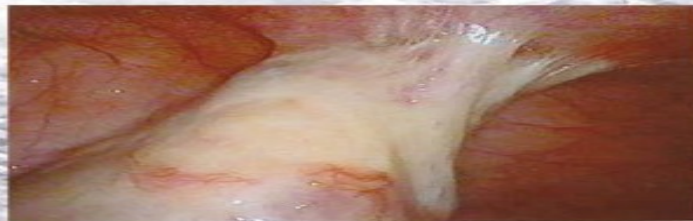
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Lastly, work on the PSREI **Quick Reference Manual on Reproductive Endocrinology and Infertility** is well on its way with manuscripts from authors already coming in. The Editorial Board headed by Editor-in-Chief Dr. Florante P. Gonzaga is confident the book will be completed before long.

At this point, allow me to thank all the members of society who unselfishly worked with PSREI in the projects we set out to accomplish in the past year; our generous sponsors for their unwavering support to the society; the PSREI Secretariat for their diligence and resourcefulness; and the Board of Directors for your dedication and kinship. Not only was it an honor working with all of you, but a pleasure.

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