



President's Corner



Dear Colleagues and participants of our Midyear convention,

2013 started with so many events scheduled for the year. PSREI started the year by participating and supporting the ICARE conference on Jan 24-26 sponsored by UP-PGH, then we had our first CME in Cebu City on March 4 in cooperation with the Cebu POGS chapter. We had a total of 110 participants.

Several board meetings which started in the last two months of 2012 had made the PSREI calendar full this 2013. Once more, our industry partners have come forward in support of our society's programs and objectives. They are committed to support the PSREI community service project of sharing basic reproductive endocrinology topics to our POGS colleagues outside of Metro Manila through a lecture series. There will be another three CME conference scheduled in the following months before our annual convention. Tacloban City, General Santos and Cagayan De Oro have been pinpointed as the next two sites for our CME which includes the following topics: Endometriosis, Infertility, Abnormal Uterine Bleeding and Fertility Control.

The Midyear convention is now held in EDSA Shangrila Hotel, Isla ballroom to accommodate more doctors who are interested in Novel insights on the Etiology, Symptomatology and Management of Polycystic Ovarian Syndrome. The able Scientific Committee



Midyear Confab Opens Today.



Friends and colleagues, welcome to our 12th Midyear Convention! This year we have chosen the theme "Novel Insights on the Etiology, Symptomatology, and Management of Polycystic Ovary Syndrome", to address the increasing prevalence of and awareness to this life-long condition. There will be in-depth discussions on the etiology, diagnostic criteria, and management of common symptoms and long-term complications of PCOS. We have invited experts from the fields of reproductive endocrinology and infertility, medical endocrinology, and liver disease, to lecture on these different topics. All these reviews and updates will come a long way in helping us screen, manage and care for our patients with PCOS.

I am equally delighted to invite you to our 19th annual convention, with the theme "Moving Forward: New Perspectives in Reproductive Medicine", to be held in Diamond Hotel on October 2 to 4, 2013. The scientific committee has meticulously selected relevant topics in Reproductive Medicine that will cater to the needs of general OB-Gyne practitioners, as well as REI specialists. The first two days will be plenary lectures aimed at discussing up-

dates on common REI issues, while the third day will be a workshop concentrating on the most current scientific and clinical advances in ART. We have gathered a faculty of world-renowned international and local experts to share their knowledge and expertise on these topics.

In addition, the interesting case and research paper contest will be presented on the second day of the plenary session. This provides a great opportunity for delegates/fellows-in-training to showcase their research/clinical cases.

Lastly, our annual convention has also been an avenue of showcasing the "hidden" talents of our PSREI fellows, meeting new acquaintances, and reconnecting with old friends. So I invite you to an evening of camaraderie and entertainment at our Fellowship Night, to be held at the end of the first plenary session day.

I assure you that this annual convention will be a brain-nourishing, heartwarming and rewarding experience for all of us. See you in October!

Maria Jesusa Banal-Silao, M.D.

PSREI Vice President and
Overall Organizing Chair
12th Midyear and 19th Annual Convention

this issue

IFFS/ASRM Joint Congress	P.2
19th Annual Convention Program	P.3
Cebu Outreach, Secretary's Corner	P.4
Written and Oral Examination	P.5
Research Paper Contest	
International and Local Conventions	P. 6

ON THE WORLD 'S STAGE

Chair Florante P. Gonzaga and his committee have made the one day symposium to be worthwhile for all those who will be attending it. I am certain that after spending the whole day one would walk out of the room more knowledgeable and prepared to treat the women who seek their help.

On October 2-4, 2013, the 19th annual convention would be held at Manila Diamond Hotel with a theme: Moving Forward: New Perspectives in Reproductive Medicine with a Spanish specialist faculty Dr. Ernesto A. Bosch as our main guest speaker and Dr. Gian Carlo Di Renzo to grace our convention. Again the whole scientific session was envisioned to enrich our knowledge further. If you come for the whole three days, I assure you that you will find it rewarding. The topics are better than some international congress as I think we could invite our neighbors in Southeast Asia to attend. It is your duty to attend and grace the two conventions.

With the end of this letter, I can only wish all of you the best and to remember, our society cares for you. You as responsible members are encouraged to support our society's goals and all activities envisioned to enhance our knowledge. Welcome to the midyear convention at EDSA SHangrila Hotel.

Joan Tan Garcia
Joan Tan-Garcia, MD
President

Once more, the Philippines is given the opportunity to shine on the world's stage. Our society was invited to host a regional meeting at this year's IFFS / ASRM which will be held in Boston, Massachusetts, USA on October 12 - 17. Hosting a regional meeting like this offers a platform for specialized regional discussion as well as promotes the cultural exchange of views and ideas.



In response to the invitation, the PSREI board appointed Dr. Virgilio Novero as Chairman of the selection committee. Members of the committee included Dr. Delfin Tan, Dr. Leonardo Almeda, Dr. Lilia Luna and Dr. Enrico Oblepas. They were given the task to review and recommend papers that will be presented during the regional meeting.

A total of twelve manuscripts were submitted to the committee.

Here is the final list of papers for presentation.

0700	Introduction - IVF practice in the Philippines	Joan Tan-Garcia, MD PSREI, President
0715	Clinical, Endocrinologic, and Metabolic profiles of female Filipino patients diagnosed with PCOS in a private reproductive endocrinology specialty clinic	Eileen M. Manalo, MD
0730	Correlation of serum AMH and Reproductive Outcome: Retrospective study of 170 women undergoing IVF-ET	Angela S. Aguilar, MD
0745	Predictors of Successful IVF Outcome: A one-year experience in a new center	Debbie Guani Dy-Meguizo, MD
0800	Clinical and Laboratory Outcome of 300 IVF cases: A First-year report of a new IVF center	Virgilio M. Novero, Jr., MD
0815	Predictive factors of successful surgical sperm retrieval in men with azoospermia	Danilo Jose C. Milla, MD
0845	First pregnancy and live birth from Cryopreserved oocytes in the Philippines	Ma. Victoria R. Tan, MD

The Philippine symposium in the IFFS / ASRM is a landmark opportunity for the PSREI to showcase the country's work on reproductive medicine. We are encouraging our members to support our colleagues in this endeavor.

May this event inspire our membership to continue and persevere in the arduous task of research and continuing medical education. We encourage our younger fellows and fellows in training to emulate our presenters and strive to make our country proud.

Mabuhay ang Pilipinas!

PSREI BOARD OF DIRECTORS 2013



Joan Tan-Garcia, MD
President

Maria Jesusa Banal-Silao, MD
Vice President

Regina Paz Tan-Espiritu, MD
Secretary

Gladys G. Tanangonan, MD
Treasurer

Angela S. Aguilar, MD
Auditor

Rudie Frederick B. Mendiola, MD
P.R.O.

Ma. Victoria R. Tan, MD
Board Member

19TH ANNUAL CONVENTION

October 2-4, 2013

Diamond Hotel, Manila

Theme: "Moving Forward: New Perspectives in Reproductive Medicine"

Topics:

SESSION I: UPDATES IN SCREENING AND DIAGNOSIS

- ⇒ Polycystic Ovary Syndrome
- ⇒ Recurrent Pregnancy Loss
- ⇒ Value of Anti-Mullerian Hormone as a Screening Tool

SESSION II: REPRODUCTIVE ENDOCRINOLOGY

- ⇒ Developing Trends in Contraception
- ⇒ Updates in the Management of Heavy Menstrual Bleeding
- ⇒ Thyroid Dysfunction in Infertility

SESSION III: ENDOMETRIOSIS

- ⇒ Management of Endometriosis in the Adolescent and Perimenopause
- ⇒ Deep Infiltrating Endometriosis: Medical versus Surgical Therapy

SESSION IV: REPRODUCTIVE SURGERY

- ⇒ Value of Surgery in Male Infertility: Varicocelectomy and Testicular Biopsy
- ⇒ Tubal Factor Infertility: Role of Tubal Surgery
- ⇒ Is There a Role for Hysteroscopy and Laparoscopy in ART?
- ⇒ Management of Myoma and Adenomyosis in Infertility: What is the Evidence?
- ⇒ Management of Endometrioma in the Infertile Woman

SESSION V: COMMON ISSUES IN MALE AND FEMALE INFERTILITY

- ⇒ Work-up on Male Infertility
- ⇒ Updates in the Medical Management of Male Infertility
- ⇒ Lifestyle Factors Affecting Fertility
- ⇒ Predictors of Success in Intrauterine Insemination
- ⇒ Pitfalls in Ovulation Induction

SESSION VI: ART

- ⇒ Ethics and Counselling for IVF in the Local Setting
- ⇒ ART in the Philippines: 2012 Report
- ⇒ Present and Future of Ovarian Stimulation: from "One Size Fits All" to Individualized Controlled Ovarian Stimulation (iOCS)
- ⇒ Embryo/Blastocyst Selection: What every IVF Practitioner Should Know
- ⇒ Low Cost IVF: The Role of Minimal Stimulation
- ⇒ Cryopreservation: What is Hot and What is Cold?

ART WORKSHOP

- ⇒ Patient Selection for IVF
- ⇒ Preliminary Testing of IVF Patients
- ⇒ Choosing the Best Protocol for Normal Responders
- ⇒ Stimulation Protocols for Poor and Hyper-Responders
- ⇒ Ovulation Stimulation for ART: How to Achieve Efficacy and Safety
- ⇒ Luteal Phase Support
- ⇒ Management of Implantation Failure: a Clinical and Laboratory Challenge
- ⇒ Risk of Cancer, Abnormal Children, and Multifetal Pregnancy with ART: Facts and Fallacies
- ⇒ Oocyte Retrieval and Embryo Transfer Techniques
- ⇒ Managing IVF Pregnancies

Keynote Speaker:



Ernesto Bosch, MD, PhD

For this year's annual convention, themed "Moving Forward: New Perspectives in Reproductive Medicine", we invited a global key opinion leader with wide international experience. Through the help of Merck Serono we were able to invite Dr. Ernest Bosch. He specialized in Obstetrics and Gynecology at the Hospital La Fe in Valencia, Spain and continued his training in Human Reproduction in the Hospital of the University of Pennsylvania.

Since January 2000 he has been working for the Human Reproduction Unit of the Instituto Valenciano de Infertilidad in Valencia, and has published 19 papers in this field. His areas of expertise are LH hCG differentiation, Utilization of r-LH and r-FSH, Agonist and Antagonist protocols, Recombinants vs Urinaries, and Biomarkers of ovarian response.

He was the recipient of the Scientific Program Prize Paper Award at the 2008 Annual Meeting of the American Society for Reproductive Medicine.

Secretary's Corner



Dear Colleagues,

Welcome to our society's first major event for this year, the PSREI 2013 Midyear Convention, "Novel Insights on the Etiology, Symptomatology and Management of PCOS." This convention aims to focus on the various aspects of PCOS and how they can best be managed in a straightforward approach best adapted to our local setting.

As early as now, I would like to invite all of you to our society's 19th Annual Convention this coming October 2-4, 2013, "Moving Forward: New Perspectives in Reproductive Medicine." This includes a one-day workshop dedicated to ART and I am happy to announce that all members of PSREI get to attend the ART Workshop for **free**. I encourage all of you to make the most of this wonderful opportunity and privilege.

At present, our society is updating its list of active members. This registry will be posted on our website. It will also be published in the Philippine Daily Inquirer. The aim is to make more and more patients aware that they can easily receive help for problems regarding infertility and reproductive endocrinology and that there are **experts who are certified** to attend to these matters. In line with this, I am urging all members to maintain your good standing by actively participating in the Society in order to attain its stated purposes:

PSREI 2013 Outreach Lecture Series Takes Off in Cebu

True to its tradition of reaching out to OB-GYN practitioners by promoting continuing medical education (CME) on Reproductive Endocrinology and Infertility (REI), PSREI headed out to Cebu to hold the first of its Outreach Lecture Series for 2013 last March 6, 2013. The activity showcased current knowledge and practice guidelines on the topics Endometriosis, Infertility, AUB and Fertility Control. These were lec-

tured by a competent team of PSREI fellows namely Gladys Tanangan, MD, Marivic Tan, MD, Maria Jesusa Banal-Silao, MD, Rudie Frederick B. Mendiola, MD and headed by no less than the incumbent PSREI President, Joan Tan-Garcia, MD. After a successful take off in Cebu, PSREI will head to several other localities such as Tacloban City, General Santos City and Cagayan de Oro to uphold its commitment to improve the delivery of REI care to Filipinos..



Continuation from secretary's corner.....

- 1) To attend at least two (2) annual meetings every three (3) years
- 2) To attend at least fifty (50) percent of the scientific meetings and seminars organized or sponsored by the Society
- 3) To pay promptly the dues, fees and other assessments as may be levied upon the membership by the Board of Directors; and
- 4) To behave in a manner consistent with the tenets and principles of the Code of Medical Ethics of the Medical Profession in the Philippines and of the Phil-

ippine Obstetrics and Gynecological Society.

These are not merely rules to be followed. Rather, they serve as a means for the society to reach out to its members, as well as a means to help the members form a more cohesive society.

With your cooperation and generous participation, we look forward to a very productive 2013 for PSREI...

Best wishes,

Regina Paz Tan-Espiritu
Regina Paz Tan-Espiritu, MD
Secretary



Scientific Committee Meeting



Board Meeting

PSREI Written and Oral Examination

The written and oral examination of the PSREI have been set on September 8 and 22, 2013. This examination is open to all certified fellows and diplomats of the POGS of high standing and has completed training in approved training programs in Reproductive Endocrinology and Infertility locally or abroad. For more details, please contact the PSREI Secretariat at 9209565. Successful examinees will be inducted into the society during the annual convention on October.

Interesting Case and Research Paper Contest set

Research Committee Chair Dr. Enrico Gil C. Oblepias announces the holding of the annual Research Paper Contest and the Interesting Paper Case Contest during the Annual PSREI Convention on October 2-4, 2013 at the Diamond Hotel, Manila. Deadline for the submission of entries has been set on August 30, 2013.

Editor's Corner



Rudie Frederick B. Mendiola, MD

At the start of the year, the PSREI board hit the ground running and prepared for the year's activities. Through the leadership of Dr. Duchess Banal-Silao, and the guidance of our president, Dr. Joan Tan-Garcia, the organizing committee set forth and laid the ground works for our upcoming events.

In line with our society's main objective of improving the quality of practice of reproductive medicine and surgery, the scientific committees for both the midyear and annual conventions were given the task to come up with topics that are relevant for both REI specialists and general obstetrician/gynecologists.

To ensure that current recommendations and practice guidelines will be properly disseminated, the board has planned another 4 CME lectures outside of Manila so that practitioners who will not be able to attend our conventions will be updated. The board still has a lot planned for the year and preparations are on going for next year's big event being the 20th year in existence of our society.

We encourage all members to support and actively participate in our society's endeavours.

May we continue to strive to reach greater heights!

Cheers!

Organizing Committee 2013

Ma. Jesusa Banal-Silao, MD
Overall Chairman

Scientific Committee:

Chair: Florante P. Gonzaga, MD
Co-Chair: Gilda G. Martinez, MD

Documentation and Registration Committee:

Chair: Angela S. Aguilar, MD
Co-Chair: Leonila E. Casanova, MD

Ways and Means Committee:

Chair: Rudie Frederick B. Mendiola, MD
Co-Chair: Anna Belen I. Alensuela, MD

Programa and Invitations Committee:

Chair: Regina Paz Tan-Espiritu, MD
Co-Chair: Madonna Victoria C. Domingo, MD

Committee on Exhibits:

Chair: Gladys G. Tanangonan, MD
Co-Chair: Marinella Agnes G. Abat, MD

Committee on Socials:

Chair: Ma. Victoria R. Tan, MD
Co-Chair: Ma. Asuncion A. Fernandez, MD

Physical Arrangements Committee:

Chair: Danilo Jose C. Milla, MD
Co-Chair: Katherine R. Lipana, MD

THE PSREI NEWSLETTER

The PSREI Newsletter is an official publication of the Philippine Society of Reproductive Endocrinology and Infertility, Inc. It is printed bi-annual and distributed to the members of the PSREI.

EDITORIAL STAFF:

Editor-in-Chief : Rudie Frederick B. Mendiola, MD
Contributors : Joan Tan-Garcia, MD
: Maria Jesusa Banal-Silao, MD
: Ma. Victoria R. Tan, MD
: Regina Paz Tan-Espiritu, MD

Secretariat : G/F POGS Building
#56 Malakas St., Diliman
Quezon City
Telefax: 632 9209565
Email: psrei2001@yahoo.com
Website: www.psrei.org

Local Conventions:

The Foundation for Reproductive Care Inc.
2013 Postgraduate Course
2-4 July 2013
Sofitel Philippine Plaza

PSMFM 3rd National Midyear
Convention
5 July 2013
Crown Plaza Hotel, Ortigas

PSGE Annual Convention
16-17 July 2013
Edsa Shangri-La Hotel, Mandaluyong

PSCM Annual Convention
10-11 Sept 2013
Diamond Hotel, Manila

PAP 23rd Anniversary Celebration and
22nd Annual Convention
29-30 Sept 2013
Century Park Hotel, Manila

POGS 2013 Annual Convention and 67th
Anniversary Celebration
12-15 November 2013
PICC, Manila

INTERNATIONAL CONGRESSES:

RCOG WORLD CONGRESS IN OBSTETRICS AND GYNAECOLOGY 2013

JUNE 24TH TO 26TH UNITED KINGDOM / LIVERPOOL OBSTETRICS/GYNECOLOGY
Contact: Michelle Maginn , RCOG World Congress 2013 Secretariat , Hampton Medical Conferences
Phone: 011-44-20-8979-8300 Fax: 011-44-20-8979-6700 Email: info@rcog2013.com
Website: <http://www.rcog2013.com>

SOCIETY FOR THE STUDY OF REPRODUCTION 46TH ANNUAL MEETING: REPRODUCTIVE HEALTH: NANO TO GLOBAL JULY 22ND TO 26TH QUEBEC / MONTREAL OBSTETRICS/GYNECOLOGY, UROLOGY

Contact: Gwen Abramson , SSR Administrative Office
Phone: 608-256-2777 Email: ssr-am@ssr.org Website: <http://www.ssr.org/Meetings.shtml>

REPRODUCTIVE HEALTH 2013 SEPTEMBER 19TH TO 21ST COLORADO / DENVER OBSTETRICS/GYNECOLOGY, UROLOGY Contact: , Association of Reproductive Health Professionals Phone: 202-466-3825 Email: conferences@arhp.org Website: <http://www.arhp.org/professional-education/annual-meetings/reproductive-health-2013>

SINGAPORE GENERAL HOSPITAL'S STARTING OUT ON ASSISTED REPRODUCTION(SOAR) COURSE_ 16th - 19th September 2013 Email: SGH Surgical Skills Centre (SGH) <sssc@sgh.com.sg>

69TH ASRM ANNUAL MEETING / IFFS ANNUAL MEETING OCTOBER 12TH TO 17TH MASSACHUSETTS / BOSTON OBSTETRICS/GYNECOLOGY, OTHER SPECIALTIES, UROLOGY Contact: , American Society for Reproductive Medicine Phone: 866-471-7224 or 703-449-6418 Email: asrmregistration@jspargo.com Website: <http://www.asrm.org/IFFS-ASRM2013/>

23RD ASIAN AND OCEANIC CONGRESS OF OBSTETRICS AND GYNAECOLOGY 2013

OCTOBER 20TH TO 24TH THAILAND / BANGKOK OBSTETRICS/GYNECOLOGY
Contact: Kenes Asia , Kenes Asia , Kenes Asia
Phone: 011-66-2-748-7881 Email: aocog2013@kenes.com Website: <http://www.aocog2013.org/>

18TH WORLD CONGRESS ON CONTROVERSIES IN OBSTETRICS, GYNECOLOGY & INFERTILITY (COGI)

OCTOBER 24TH TO 27TH AUSTRIA / VIENNA OBSTETRICS/GYNECOLOGY

Contact: Secretariat , CongressMed
Phone: 011-972-73-706-6950 Email: cogi@congressmed.com
Website: <http://www.congressmed.com/cogivienna/>

Greetings from Abbott Laboratories:



isoxsuprine HCl
duvadilan®

**MULTIVITAMINS +
IRON**

IBERET® FOLIC

New!
OvaTel®
Saliva Ovulation Monitor

6th Floor, Port Royal Place
118 Rada St., Legaspi Village
1229 Makati City

Tel: 878-8400
Fax: 878-8474

Abbott
A Promise for Life