

PSREI NEWSLETTER

PHILIPPINE SOCIETY OF REPRODUCTIVE ENDOCRINOLOGY AND INFERTILITY, INC.

ISSUE 29 VOLUME 15 OCTOBER 2013



Message from the President



It's October now. How time flies as the Society enters another milestone of having its 19th Annual Convention, functioning at a maximum capacity with so many enthusiastic members unselfishly serving the Organizing Committee and Board of Directors.

Our dearest Professor Florante Gonzaga, very well-respected by peers, our superwoman Vice President Dr. Duchess Banal Silao and the members of the Scientific Committee had made a beautiful enriching program for all who would grace our Annual Convention. Each topic will be tackled by a knowledgeable speaker from our Society with the special participation of Dr. Ernesto Bosch, PhD, an acclaimed IVF REI specialist from Valencia, Spain who is sponsored by Merck Serono Philippines. He had published many papers which had changed our ways of treating LH support and optimizing ovulation.

As the thrust of the Society is education and service to our members, the Board had accomplished three CME outreach symposia in Cebu City, General Santos and Naga City. In all

WELCOME DELEGATES!!!



It is my pleasure to welcome you to the 69th PSREI Annual Convention on October 2-4, 2013. The organizing committee has worked with great dedication, excitement and skill to put together a comprehensive scientific and clinical program that will tackle basic and special topics in reproductive medicine. We trust this roster of lectures to be given by our local experts, together with our distinguished foreign speaker, will help improve diagnosis, treatment and care for our patients.

We are extremely honored and grateful to have Dr. Ernesto Bosch as our keynote speaker. He has travelled all the way from Valencia, Spain to share with us his expertise in ART. Our gratitude also goes to our faculty of local speakers who generously gave their time and knowledge to create such scholarly lectures.

Thanks to our Diamond Sponsor, in particular Merck Serono, and the other major sponsors: Bayer, MSD, Menarini, Abbott, Biofemme, Cordlife, Cooke, and Takeda, for their outstanding support. We are equally grateful to the booth exhibitors, and our secretariat, for their tireless work.

Lastly, we thank you, the fellows and members of PSREI, gynecologists, surgeons, educators, and paramedical staff, for taking part in this conference. We hope that your dedicated interest will expand our knowledge and keep us abreast with the latest in the field of reproductive medicine.

Maria Jesusa Banal-Silao, MD
Chair, Organizing Committee
PSREI Annual Convention 2013

this issue

Message from the President, Welcome Delegates P.1
Editor's Corner P.2
Secretary's Corner, Board of Directors, Organizing Com P.3
News Bits P.4
Outreach Roadshow Covers Four Cities P.5

three venues, we had imparted updates on the following topics: diagnosis of infertility, management of pelvic endometriosis, abnormal uterine bleeding, and contraception. These were well attended by luminaries of the POGS of the region and their staff.

The Midyear Convention last May 27, 2013 at the EDSA Shangrila Hotel focusing on Polycystic Ovarian Disease was well attended by > 300 participants which were beyond our expectation. The Convention was very good and well organized as assessed in the feedback forms from the attendees. Since there is an increasing awareness of polycystic ovarian disease as an endocrine problem with cardiovascular and metabolic sequelae, we had very good speakers from Internal Medicine experts. The target audience was actually general obstetricians who are the front liners of reproductive problematic patients. The Society hopes that through the Mid-year Convention, more and more correct diagnosis and management be done by our colleagues and thus benefiting more of our population.

To the whole Organizing Committee, I would like to extend my gratitude for the hard work in all these months that they had given time to meet the members and the pharma friends of ours. Please take some time to visit the booths during the Annual Convention and cater to their products, most specially to the ones who had given the Society support in CME program and both conventions.

I would like to take this opportunity to also thank those who have completed the Survey on Attitudes and Management of Male Infertility with Dr. Teresa Villamayor- Batario which I hope to present in 2014 ASPIRE meeting headed by Dr. Robert Norman of Australia. For those who have not filled up the survey, kindly do so as I shall present this as part of Philippine contributing papers.

Thank you for your trust and the opportunity for me to serve the PSREI... I hope and pray that those who would follow us would continue to achieve our goals and aspiration for a better Philippines with integrity.

For those who will be reading this, I pray the Good Lord Jesus will bless and keep you safe and wise in all your undertakings...remember God loved us even before we were formed in our mother's womb.

Yours,

Joan Tan Garcia, MD
President

Editor's Corner

Rudie Frederick B. Mendiola, MD

2014 marks another milestone for the Philippine Society of Reproductive Endocrinology and Infertility.



Next year we celebrate our 20th year in existence and events are being planned to make it a festive and productive year. Possible revision of our Endometriosis CPG, IVF wet clinics and a gala night to showcase the talents of our members are just some of the proposed events. Members are encouraged to actively participate and help make our 20th year celebration a success.



We would like to pay homage to our founding members and past presidents and recognize their contributions and hard work to uphold the ideals and objectives on which our society was founded. May their dedication and undying love for our society continue to permeate into each new fellow that is added into our ranks.

THE PSREI NEWSLETTER

The PSREI Newsletter is an official publication of the Philippine Society of Reproductive Endocrinology and Infertility, Inc. It is printed bi-annual and distributed to the members of the PSREI.

EDITORIAL STAFF:

Editor-in-Chief : Rudie Frederick B. Mendiola, MD
Contributors : Joan Tan-Garcia, MD
: Maria Jesusa Banal-Silao, MD
: Ma. Victoria R. Tan, MD
: Regina Paz Tan-Espiritu, MD
: Madonna Victoria C. Domingo, MD

Secretariat : G/F POGS Building, 56 Malakas St., Diliman, Q.C.
Telefax: 632 9209565 ; Email: psrei2001@yahoo.com
Website: www.psrei.org

Dear Colleagues,

Welcome to our society's 19th Annual Convention, "Moving Forward: New Perspectives in Reproductive Medicine." This year's meeting offers a one-day workshop dedicated to ART and I am happy to announce that all members of PSREI get to attend the ART Workshop for **free**. I encourage all of you to make the most of this wonderful opportunity and privilege as a member of our society.



During our Midyear Convention held last May 27, 2013, I am proud to say that we had a total of 293 attendees. This marked the biggest number of midyear attendees that we've had in years.

We now have a total of 117 members, 80% of which are active members. Again, I am proud to say that during the last Midyear Convention, 45% of our active members participated. Hopefully, we will see more and more members attending future meetings.

At the start of the year, we called on all members to update your personal information in our registry. This updated registry was posted on our website. It was also published in the Philippine Daily Inquire last May 2013. Our aim is to raise public awareness of our society's existence and that we are a group of certified experts capable of attending to their problems regarding infertility and reproductive endocrinology.

To date, our secretariat has received calls and emails from patients who visited our website and read our Inquirer article -- asking about our members, as well as invitations from international societies. These serve as proof that our public visibility has markedly improved, both here and abroad. In line with this, I am urging all members to maintain your good standing by actively participating in all our activities and always updating us with your contact details.

So far, 70% of members have updated their personal information. For those who have not yet done so, please approach the registration table during our Annual Convention in order to complete your personal details. We will need this information for our new directory which is set to be released this December during our annual Christmas party.

Also, I would like to congratulate our new batch of inducted fellows. Welcome to the society. Keep in mind that what you get out of the society is commensurate to what you put into it. May you find meaning and satisfaction in being part of this dynamic groups of dedicated experts. As members of PSREI, we not only enjoy rights and privileges, but we also have duties and responsibilities to the society. Our meetings and other endeavors serve as a means for the society to reach out to its members, as well as a means to help the members form a more cohesive society.

Lastly, I am proud to say that our society has witnessed a fruitful start to 2013 and that is made possible because of your active cooperation and generous participation. I am confident that with your continued support, we will end 2013 on a high note.

See you next year, 2014, as we celebrate our 20th year...

Best wishes,

Regina Paz Tan-Espiritu, MD
Secretary

19th Annual Convention Organizing Committee



Maria Jesusa Banal-Silao, MD
Vice President and Over-all Chairman
19th Annual Convention



Florante P. Gonzaga, MD
Chair, Scientific Committee



Gilda G. Martinez, MD
Co-Chair, Scientific Committee



Rudie Frederick B. Mendiola, MD
Chair, Ways and Means



Anna Belen I. Alensuela, MD
Co-Chair, Ways and Means



Gladys G. Tanangonan, MD
Chair, Exhibit Committee



Marinela Agnes G. Abat, MD
Co-Chair, Exhibit Committee



Danilo Jose C. Milla, MD
Chair, Physical Arrangement



Katherine R. Lipana, MD
Co-Chair, Physical Arrangement



Angela S. Aguilar, MD
Chair, Documentation
and Registrations



Leonila E. Casanova, MD
Co-Chair, Documentation
and Registrations



Regina Paz Tan-Espiritu, MD
Chair, Program and Invitations



Madonna Victoria C. Domingo, MD
Co-Chair, Program and Invitations



Maria Victoria R. Tan, MD
Chair, Committee on Socials



Ma. Asuncion Fernandez, MD
Co-Chair, Committee on Socials

2013 Board of Directors



Dr. Regina Paz Tan-Espiritu, Dr. Joan Tan-Garcia, Dr. Maria Jesusa Banal-Silao, Dr. Gladys G. Tanangonan, Dr. Ma. Victoria R. Tan, Dr. Rudie Frederick B. Mendiola, and Dr. Angela S. Aguilar

NEWS BITS

www.psrei.org

It has been five years since PSREI joined the worldwide web! During the term of Dr. Gilda G. Martinez as President in 2008, the domain www.psrei.org was born. The website was envisioned to open the doors for the local and international clients to learn more about PSREI and its members, and for the society's members to keep abreast with the many activities of the society.

On the homepage, one can find our current President Dr. Joan Tan-Garcia giving an overview of the present status and activities of the society. A poster of the 2013 Annual convention is prominently displayed. The President's report for 2012 is likewise attached.

The other pages include "News" on the latest schedules and activities such as the Midyear and Annual Conventions, the upcoming releases such as the Male Infertility Reference and Quick Reference Manual, Updates on Infertility journals and releases as well as schedules of the certifying exams. The "Members' Resources" contain the membership requirements for the examinees and the Fellowship training requirements.

The page on "Contact Information" lists the fellows of the society in order for patients to be familiar the infertility specialists based on their hospital affiliations. Many patients seek this list in order to find out who are the board-certified specialists. The recently activated "Ask an Expert" page seeks to give answers to queries of patients who access the site. Lastly, the "Publications and Journals" give a listing and overview of the clinical practice guidelines and books that PSREI has published.

Be sure to check out the PSREI website soon! Just click on to www.psrei.org!

2013 Research Paper Contest

All the submitted papers were screened by the Committee on Research and the chosen papers for the competition will be presented during the Annual Convention on October 3, 2013 at 7:30 to 9:00am. A total of three (3) interesting papers and three (3) Research papers on reproductive endocrinology and infertility will vie for cash prizes. Invited judges who will grace the affair include Dr. Ma. Trinidad R. Vera, Dr. Jeanmarie C. Salvador and Dr. Judith Galang-Perez. The chosen papers were:

Research Paper Contest:

1. Evaluating the role of serum Anti-Mullerian hormone (AMH) levels in predicting embryo quality and pregnancy outcome among women who underwent in vitro fertilization (IVF)
2. A Retrospective Study on the effect of the use of vaginal Utrogestan for luteal phase support on pregnancy rate among patients who underwent controlled ovarian hyperstimulation and intrauterine insemination (COH-IUI) cycles.
3. A Descriptive Study Correlating the Ferning Pattern of Saliva seen on a hand-held Microscope with Transvaginal Sonographic Follicle Monitoring Findings in Subfertile Filipino Women seen at the Reproductive Endocrinology and Infertility Clinic from September 2012-2013

Interesting Case Paper Contest:

1. Kallmann Syndrome: A Rational Approach to Diagnosis
2. Female with Intersex disorders of Sexual Development in a 23 year old: A Case Report
3. Definitive and Conservative Surgical Management of Congenital Cervical Atresia: Report of 2 Cases

CANDIDATES FOR 2014 BOARD OF DIRECTORS

1. Angela S. Aguilar, MD
2. Maria Jesusa Banal-Silao, MD
3. Madonna Victoria C. Domingo, MD
4. Regina Paz Tan-Espiritu, MD
5. Ma. Antonia E. Habana, MD
6. Debbie Guani Dy-Meguizo, MD
7. Rudie Frederick B. Mendiola, MD
8. Ma. Victoria R. Tan, MD
9. Gladys G. Tanangonan, MD

Local Convention:

POGS 2013 Annual Convention and 67th Anniversary Celebration
12-15 November 2013
PICC, Manila

Congratulations and Welcome to the new PSREI Fellows!

The PSREI Board of Directors and Certifying Board welcome the new members who successfully passed the written and oral examination given last September 15 and 25 and they are Dr. Michelle Enriquez-Gamboa, Dr. Tawny Ann Pua Cortes-Gaspar, Dr. Genalyn A. Carreon, and Dr. Maritess A. Barrientos.

International Congresses:

69TH ASRM ANNUAL MEETING / IFFS ANNUAL MEETING OCTOBER 12TH TO 17TH MASSACHUSETTS / BOSTON OBSTETRICS/GYNECOLOGY, OTHER SPECIALTIES, UROLOGY Contact: , American Society for Reproductive Medicine Phone: 866-471-7224 or 703-449-6418 Email: asrmregistration@jspargo.com Website: <http://www.asrm.org/IFFS-ASRM2013/>

PSREI Outreach Roadshow Covers Four Cities

In keeping with its advocacy to increase awareness and spread knowledge in the field of Reproductive Endocrinology and Infertility (REI), PSREI has upheld a tradition of reaching out to obstetrician-gynecologists around the country by lecturing on current concepts involving common REI topics.

This year's outreach activities covered the cities of Cebu, Tacloban, General Santos and Naga. The local chapters of the Philippine Obstetrical and Gynecological Society (POGS) in each respective city had warmly welcomed PSREI's outreach lecturers comprised of Drs. Joan Tan-Garcia, Duchess Banal-Silao, Angela Aguilar, Marivic Tan, Ritchie Mendiola, Gladys Tanangonan, and Angel Tan-Espiritu. Attendees keenly listened to them lecture on current updates in the topics Endometriosis, Abnormal Uterine Bleeding, Infertility, and Fertility Control using the WHO MEC.

This year's outreach roadshow was much appreciated and produced a clamor for more cities to be covered in the coming year.

Marivic Tan, MD
Chair, Outreach Program



Greetings from Abbott Laboratories:



isoxsuprine HCl
duvadilan®

**MULTIVITAMINS +
IRON**

IBERET® FOLIC

New!
OvaTel®
Saliva Ovulation Monitor

6th Floor, Port Royal Place
118 Rada St., Legaspi Village
1229 Makati City

Tel: 878-8400
Fax: 878-8474

Abbott
A Promise for Life