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## MIDYEAR CONFAB OPENS TODAY

Friends and colleagues, welcome to our 13<sup>th</sup> Midyear convention. This year our theme is **ENDOMETRIOSIS: New Challenges From Basic Science to the Clinics**. There will be a detailed discussion on the pathophysiology of endometriosis, diagnostic tools, an update on management protocols and a look into controversies and challenges in endometriosis. We have invited experts in reproductive medicine and oncology to speak on these topics. This confab is designed to inform us of current developments and help us provide appropriate care for our patients with endometriosis.


It is also my distinct pleasure to invite you to this year's annual convention which will be held in the EDSA Shangri-La on October 8-10, with the theme: **20 Years of**

**PSREI: Riding the Waves of Change in Reproductive Medicine**. The scientific committee led by our dynamic past president, Dr. Lilia P. Luna, has come up with pertinent topics that will appeal to general OB-GYN physicians and Reproductive Endocrinology and Infertility specialists. We have invited local and foreign experts to share their knowledge on these topics.

Lastly, I would like to remind everyone that this year we will be celebrating our 20th year in existence. Our fellowship night is being planned to pay homage to the pillars that kept the society going and to showcase the talents of our PSREI fellows. Please join us for a night of fun and festivities.

*See you in our activities!*



  
**Rudie Frederick B. Mendiola, MD**  
PSREI Vice President and  
Overall Organizing Chair,  
13<sup>th</sup> Midyear Convention  
and 20<sup>th</sup> Annual Convention



# MESSAGE FROM THE PRESIDENT

2014 is a special year as we celebrate the 20th year of PSREI. In addition to the traditional midyear and annual conventions, we have packed the year with a run, workshops on CPG updates, CME lecture series, research incentives, a constitutional convention, and a culminating event to celebrate our 20th year anniversary.

First off is "The Million Woman March for Endometriosis", spearheaded by the Dr. Camran Nezhat and his group of specialists in Washington DC, and co-sponsored by the American College of Obstetricians and Gynecologists (ACOG), American Society of Reproductive Medicine (ASRM), American Association of Gynecologic Laparoscopists (AAGL) and the World Endometriosis Society (WES). Around 50 countries all over the world are participating in this event. PSREI joins this global campaign by sponsoring not just a march, but a RUN, that will coincide with the worldwide event on March 9. This is a momentous occasion, being our first collaboration with international medical societies for global awareness of a particular disease. So on March 9, I challenge you to wake up early, put on your trainers and march, walk, or run with us in Camp Aguinaldo and be part of endometriosis awareness and PSREI history!

In line with the theme of our run, we will also work on the Clinical Practice Guidelines in Endometriosis. This was

first published by our Society in 2008. The taskforce on this CPG will be asking again for our fellows' help to research and deliberate on the different topics and have the 2014 Updates on the CPG out in time for our annual convention.

Last year's midyear convention was innovative, since the entire day's lectures focused only on PCOS. It was a success, attended by nearly 300 general obstetrician-gynecologists and REI specialists. So for this year's midyear convention, we will again discuss in detail one specific disease entity, that of endometriosis. This will be on May 19 at the Crowne Plaza.

The Society's CME lectures were reviewed and updated last year. This year we will continue to have our lecture series in the different areas outside the National Capitol Region on the following topics: AUB, infertility, PCOS and fertility control.

Another important event for this year is the plan to have a constitutional convention to review some issues relevant to the needs of our Society. Headed by Dr. Florante Gonzaga and Dr. Delfin Tan, the Chair and members of the Committee on Amendments and all past presidents of the Society will convene,



and thereafter present to the Body the outcome of the ConCon.

This year, the Society will award a research grant to any fellow who has a research paper for presentation in a foreign congress. This is to encourage top quality local researches to be conducted by our fellows.

Lastly, our three-day annual convention will feature an excellent list of topics, with prime local and foreign speakers. This will be at the EDSA Shangri-la Hotel on October 8-10. Our fellowship night will highlight the history of PSREI, and will gather all past presidents, fellows per batch, and affiliate members. It will be an evening full of nostalgia, joy and thanksgiving. Fellows will be given PSREI memorabilia and gift tokens to commemorate our 20th anniversary.

I invite you to attend all our activities and feel the spirit of "PSREI-hood"; to be among colleagues, mentors, batchmates, and friends. Let us celebrate with our PSREI family!

**Maria Jesusa Banal-Silao, MD**  
President





# 2014 BOARD OF DIRECTORS



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## Editor's Corner

**Regina Paz Tan-Espiritu, MD**  
PRO

**2014** marks another milestone for our society. This year, we are celebrating our 20<sup>th</sup> year in existence and events are lined up to help make this a momentous year for all of us.

We would like to pay homage to our founding members and past presidents and recognize their valuable contribution to the society.

Please join us as we commemorate this significant year and continue to uphold the ideals and objectives set forth by our founding members 20 years ago.

## 2014 Organizing Committee

**RUDIE FREDERICK B. MENDIOLA, MD**  
Overall Chair, Midyear Convention

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Program and Invitations Committee

**Chair: Madonna Victoria C. Domingo, MD**  
**Co-Chair: Ma. Asuncion Fernandez, MD**  
Committee on Socials

### THE PSREI NEWSLETTER

The PSREI Newsletter is an official publication of the Philippine Society of Reproductive Endocrinology and Infertility, Inc. It is printed bi-annually and distributed to the members of PSREI.

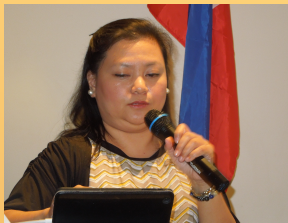
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# PSREI Outreach Program for 2014

**Gladys G. Tanangonan, MD**  
*Head, PSREI Outreach Program*

Since 2006 when the PSREI Outreach Program was established, 17 provinces have already been visited. Our lecturers have been to Cebu, Baguio, Davao, Laoag, Angeles, Bacolod, Tacloban, Surigao, Lucena, Ilocos Sur, Cabanatuan, Naga, Dagupan City, Iloilo, CDO, Pampanga and Bohol. All of these were very well attended by the local practitioners.

This year we again aim to visit the different regions to give updates to fellow obstetricians. The first of a series of PSREI Outreach was held last February 22, 2014 in Region 10. 70 participants attended at the SEDA Hotel, Cagayan de Oro City. The course overview was given by Dr. Gladys G. Tanangonan, chair of the outreach program. Dr. Rosiebel Esguerra gave a lecture on "Fertility Control: Medical

Eligibility Criteria". Dr. Katherine Lipana talked on the topic "Work-up of the Infertile Couple". Dr. Madonna Victoria C. Domingo discussed "Abnormal Uterine Bleeding". Dr. Gladys Tanangonan lectured "Polycystic Ovary Syndrome". Dr. Regina Paz Tan-Espiritu delivered the luncheon symposium on "Recurrent Pregnancy Losses".

Last May 11, 2014 the second PSREI Outreach was held at the Baguio Country Club. This was attended by 85 participants from Regions 1, 2 and CAR. The PSREI caravan was joined by Dr. Ana Belen Alensuela, Dr. Jing Fernandez and Dr. Cynthia Balila.

Three other destinations, Regions 4, 6 and 11 are scheduled for the rest of the year.

Special thanks to our sponsors Menarini, Merck Sharp and Dohme, Ferring and ADP Pharma who tirelessly support our CME programs as well as to the officers of POGS regional chapters with whom this endeavour would not have been possible.





## INTERNATIONAL CONGRESSES:

28-31 May 2014 | *Lisbon, Portugal*

### **13<sup>th</sup> Congress of the European Society of Contraception and Reproductive Health**

Organizer: European Society of Contraception and Reproductive Health

Link: <http://www.esrch.eu/events/esc-events/2014>

2-5 June 2014 | *Long Beach, NY, USA*

### **34<sup>th</sup> Annual Meeting of the American Society for Reproductive Immunology (ASRI)**

Organizer: American Society for Reproductive Immunology (ASRI)

Link: <http://www.theasri.org/>

29 June–2 July 2014 | *Munich, Germany*

### **30<sup>th</sup> Annual Meeting of the European Society of Human Reproduction and Embryology**

Organizer: European Society of Human Reproduction and Embryology (ESHRE)

Link: <http://www.eshre2014.eu/>

19-23 July 2014 | *Grand Rapids, MI, USA*

### **47<sup>th</sup> Annual Meeting of the Society for the Study of Reproduction**

Organizer: Society for the Study of Reproduction (SSR)

Link: <http://www.ssr.org/Meetings.shtml>

11-13 September 2014 | *Chicago, IL, USA*

### **A2014 AGOS Annual Meeting**

Organizer: American Gynecological and Obstetrical Society (AGOS)

Link: <http://agosonline.org/meetings.html>

18-20 September 2014 | *Charlotte, NC, USA*

### **Reproductive Health 2014**

Organizer: Association of Reproductive Health Professionals (ARHP)

Link: <https://www.arhp.org/professional-education/annual-meetings/reproductive-health-2014>

26-27 September 2014 | *London, UK*

### **2014 International Conference on Obstetrics and Gynaecology**

Organizer: World Academy of Science, Engineering and Technology

Link: <http://www.waset.org/conference/2014/09/london/icog/>

18-22 October 2014 | *Honolulu, HI, USA*

### **ASRM2014**

Organizer: American Society for Reproductive Medicine (ASRM)

Link: <http://www.asrm.org/ASRM2014/>

## LOCAL CONVENTIONS:

### **Foundation for Reproductive Care Annual Postgraduate Course in Ob-Gyn**

*New Paradigms in Changing Times*

7-9 July 2014

SMX Convention Center, Manila

### **PSGE 10<sup>th</sup> Annual Convention**

*APPS in MIS: Adapting and Evolving Practice in Gynecology*

10-11 July 2014

EDSA Shangri-la Hotel, Mandaluyong City

### **30<sup>th</sup> Anniversary of the SGOP and 2014 Joint Annual Convention of SGOP-PSCPC-PSSTD**

24-25 July 2014

### **PSCM Annual Convention**


17-18 September 2014

Diamond Hotel, Manila

### **POGS 2014 Annual Convention and 68<sup>th</sup> Anniversary Celebration**

11-14 November 2014

PICC

SECRETARY'S ANNOUNCEMENTS	WRITTEN AND ORALEXAMINATION	INTERESTING CASE AND RESEARCH PAPER CONTEST SET
 <p><b>Maria Antonia E. Habana, MD</b> Secretary</p>	<p>The written and oral examination of the PSREI have been set on September 10 and 17, 2014. This examination is open to all certified fellows and diplomats of the POGS of high standing and has completed training in approved training programs in Reproductive Endocrinology and Infertility locally or abroad. Deadline of submission of requirements is on August 8, 2014. For more details, please contact the PSREI Secretariat at 9209565. Successful examinees will be inducted into the society during the annual convention on October.</p>	<p>Research Forum Chair Dr. Enrico Gil C. Oblepías announces the holding of the annual Research Paper Contest and the Resident's Interesting Paper Case Contest during the Annual PSREI Convention on October 9, 2014 at the Isla Ballroom, EDSA Shangri-La Hotel, Mandaluyong. Deadline for the submission of entries has been set on August 29, 2014.</p>



Here's a sneak peak at our 2014 Annual Convention:

Day 1: October 8, 2014
<b>SESSION I: MENSTRUAL DISORDERS</b>
PREMENSTRUAL SYNDROME/PMDD: IS THERE A NEW APPROACH AND MANAGEMENT?
MYOMA AND ADENOMYOSIS: WHAT ARE THE RECENT MODALITIES AND MANAGEMENT?
HORMONAL TREATMENT OF HMB: WHAT IS NEW?
KEYNOTE LECTURE
<b>SESSION II: PREGNANCY FAILURE</b>
UNEXPLAINED PREGNANCY LOSSES: IS THERE AN ANSWER?
RECURRENT EARLY SPONTANEOUS ABORTION: THE ROLE OF THE IMMUNOLOGIST
MEDICAL MANAGEMENT OF ECTOPIC PREGNANCY
<b>SESSION III: POLYCYSTIC OVARIAN SYNDROME</b>
PCOS IN THE EXTREMES OF AGE
ANDROGEN EXCESS IN PCOS
<b>SESSION IV: INFERTILITY</b>
OPTIMIZING NATURAL FERTILITY
SURGICAL TREATMENT OF INFERTILE PATIENT WITH UTERO VAGINAL MALFUNCTION
DECREASED OVARIAN RESERVE: WHAT, WHY, AND HOW TO HANDLE THE PROBLEM?
ROLE OF ENDOSCOPY IN FERTILITY MANAGEMENT
HORMONE THERAPY FOR MALE INFERTILITY

## PSREI 20<sup>th</sup> Annual Convention

October 8-10, 2014  
EDSA Shangri-La Hotel, Mandaluyong

**Guest Speaker:**  
**Prof. Thomas Romer, MD. PhD**  
**Germany**

Day 2: October 9, 2014

<b>SESSION V: FERTILITY MANAGEMENT</b>
IMPACT OF OBESITY ON MALE AND FEMALE FERTILITY
CLOMIPHENE CITRATE VS AROMATASE INHIBITOR AS FIRST LINE IN OVULATION INDUCTION
LUTEAL PHASE SUPPORT IN NON-ART CYCLE
<b>SESSION VI: HORMONES IN REPRODUCTIVE MEDICINE</b>
CONTRACEPTION IN THE EXTREME OF AGES
HRT IN 2014 AND BEYOND
<b>SESSION VII: ART</b>
NATURAL CYCLE IVF: IS IT AN OPTION FOR INFERTILE COUPLES?
OVARIAN STIMULATION PROTOCOL: WHAT, WHY AND WHEN?
THE USEFULNESS OF SERUM PROGESTERONE LEVELS ON DAY OF HCG ADMINISTRATION
HOW OLD IS TOO OLD FOR IVF?



Day 3: October 10, 2014 ART WORKSHOP

<b>MORNING SESSION: BASIC LECTURES</b>
INDICATIONS FOR IVF
WORK-UP OF PATIENTS PRIOR TO IVF
CHOOSING THE BEST STIMULATION PROTOCOL FOR YOUR PATIENTS
PREPARING THE ENDOMETRIUM FOR FROZEN EMBRYO TRANSFER
LUTEAL PHASE SUPPORT
RECURRENT IMPLANTATION FAILURE: WHAT TO DO
<b>AFTERNOON SESSION: VIDEO PRESENTATION AND CASES</b>
OOCYTE RETRIEVAL AND EMBRYO TRANSFER-VIDEO PRESENTATION
EMBRYO GRADING 101
IVF CASES



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